

## **Cultural Humility A Way of Being in the World**

*Cultural Humility refers to respecting the validity of other people's culture.*

It involves:

- Recognizing that different, even conflicting, cultural perspectives can be equally legitimate
- Suspending judgment
- Questioning the primacy of one's own perspective
- Understanding that we may not know what is really going on
- Clarifying what is expected
- Allowing others to direct us in appropriate behavior
- Accepting the creative tension of holding two or more different perspectives

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