

We bring resources that drive exceptional behavioral healthcare in all Colorado communities through advocacy, collaboration and expertise.

All Coloradans, especially those with severe and persistent mental illness, deserve access to high-quality mental health care and substance use treatment. The community behavioral health providers that form the Colorado Behavioral Healthcare Council (CBHC) fill that role. CBHC members are the not-forprofit backbone of Colorado's public mental health and substance use treatment system, serving patients through Medicaid, commercial insurance and on a sliding fee scale.

### **CBHC Membership:**

- 16 community mental health centers across the state
- 1 specialty clinic Servicios de la Raza – provides behavioral health services to immigrants and communities of color across Colorado



### How CMHCs Meet the Needs of all Coloradans, Especially the Most Vulnerable:

Individuals who deal with mental health and substance use concerns frequently need more than just counseling. CBHC members provide comprehensive services designed to meet every person where they are, such as:

- Therapy (individual, couples, families, group, play therapy, school-based care, etc.)
- Assertive community treatment (outreach to individuals with the most severe symptoms of mental illness)
- Homeless outreach
- Drop-in/clubhouse facilities
- Suicide prevention services tailored to different ages/demographics
- Care coordination with other health care providers and community organizations
- Housing (both short-term and long-term)
- Crisis response (co-responder programs, 24hour crisis lines, walk-in centers, mobile crisis response)
- Substance use treatment, including detox, medication-assisted treatment, intensive outpatient treatment, peer counseling/support
- Transportation
- Job training and supported employment
- Services in multiple languages

# Because centers are locally rooted, they develop programs tailored specifically to the needs of their communities. Examples include:

- Southeast Health Group (now Valley-Wide Health Systems), covering six rural counties, responded to the high suicide rate among men in the agriculture industry with the Coffee Break Project. They host casual coffee gatherings that encourage mental health check-ins for farmers and ranchers using COMET, an intervention model developed specifically for rural communities.
- North Range Behavioral Health's Wings program responds to the unique needs of pregnant women and those with young children in Weld County. It weaves treatment for substance use disorder, adult mental health, and infant/early childhood mental health together under one roof. As a mother receives treatment for her own behavioral health needs, her child is safely down the hall, simultaneously engaging in activities designed to raise and strengthen the child's protective factors.
- Aurora Mental Health and Recovery's Intercept and Aurora Center for Life Skills programs provide specialized services for children and adults with developmental disabilities and mental health needs. Both programs work closely with community partners to ensure that the dually diagnosed patients and their families have a network of support.

## CMHCs strive to offer care to all Coloradans, regardless of ability to pay. While most of their funding comes from the state, that is not sufficient to cover the costs of the services they provide. Local funding and grants are essential financing sources.

#### CMHCs have a positive impact on their communities in numerous ways:

- All centers provide same-day access to care, either virtually or in person. (This does not necessarily mean a same-day appointment with a prescribing psychiatrist.)
- They partner with primary care providers, schools, law enforcement, veterans' groups and other community organizations to serve their communities.
- CMHCs employ roughly 8,000 people across Colorado including clinicians, peers, and administrative and support staff.
- CMHCs provided direct services to more than 300,000 Coloradans in 2022.

### Contacting the CMHCs

AllHealth Network www.allhealthnetwork.org

Aurora Mental Health and Recovery www.aumhc.org \*Acquired Asian Pacific Development Center in 2023

Axis Health System, Inc. www.axishealthsystem.org \*Merged with The Center for Mental Health in 2022

Centennial Mental Health Center www.centennialmhc.org

Community Reach Center www.communityreachcenter.org Diversus Health www.diversushealth.org

Health Solutions www.health.solutions

Jefferson Center for Mental Health www.jcmh.org

Mental Health Partners www.mhpcolorado.org

Mind Springs Health www.mindspringshealth.org

North Range Behavioral Health www.northrange.org San Luis Valley Behavioral Health Group www.slvbhg.org

Servicios de La Raza, Inc. www.serviciosdelaraza.org

Solvista Health www.solvistahealth.org

SummitStone Health Partners www.summitstonehealth.org

Valley-Wide Health Systems www.valley-widehealth.org \*Previously Southeast Health Group

WellPower www.wellpower.org

#### We envision resilient communities and mental wellbeing for all Coloradans.

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