



CBHC

Colorado Behavioral
Healthcare Council

2024 Behavioral Health Training Conference

Navigating Changing Landscapes



September 25 - 28, 2024

Pre-Conference Workshops | Wednesday, September 25, 2024

Beaver Run Resort & Conference Center

Breckenridge, Colorado



CBHC | Colorado Behavioral Healthcare Council

Greetings,

Welcome to the Colorado Behavioral Healthcare Council (CBHC) 2024 Annual Conference. Our theme this year, “Navigating Changing Landscapes,” serves as a testament to our collective efforts in adapting to the dynamic shifts taking place within and across the behavioral healthcare system.

In today’s rapidly evolving world, the field of behavioral health stands at a crossroads, witnessing transformative changes propelled by innovative advancements and evolving system models. Throughout our time together, we will delve into these changes, explore emerging trends, and collectively envision the future of behavioral health.

As we embark on this journey together, you will be introduced to the diverse array of innovations and changes shaping our landscape. From the integration of alternative medicine approaches to the groundbreaking utilization of new technologies including telehealth platforms, artificial-intelligence-driven diagnostics, and virtual reality therapy—the possibilities for enhancing patient care and quality outcomes are truly boundless.

We are pleased to announce our Thursday morning speaker, Jeff Havens, who will walk us through various approaches to one of the thorniest challenges facing modern businesses—fostering the buy-in of employees and clients into the changes that will inevitably come. Our Friday keynote speaker is Heather Berlin. She will highlight today’s era where the lines between technology and the human mind are increasingly blurred. This intriguing premise sets the stage for Heather’s exploration of the transformative potential of brain-sensing technology and artificial intelligence.

Throughout the conference, you will have the opportunity to take part in breakout sessions that connect these visionary approaches to treatment. You will be provided opportunities for learning and connecting with others to explore ways to successfully navigate dynamic changes and move forward together. We hope you enjoy your time here and find inspiration when it comes to supporting those who you provide services for, those who you work with, and yourself.

“Not everything that is faced can be changed, but nothing can be changed until it is faced.” —James Baldwin

Kara L. Johnson-Hufford, MPA

CEO, Colorado Behavioral Healthcare Council



Kelly Phillips-Henry, PsyD, MBA

Conference Chair | CEO, Aurora Mental Health & Recovery



Keynote Speakers



Thursday | 8:45am - 10:30am | (Breckenridge Ballroom)

Conquering Tomorrow: Reframing Our Outlook on Change | *Jeff Havens, BA*



Friday | 8:45am - 10:30am | (Breckenridge Ballroom)

**What Does It Mean to Be Human in the Age of AI
*Heather Berlin, PhD, MPH***



CBHC Awards Presentations

Thursday Morning | (Breckenridge Ballroom)

Mental Health First Aid Awards

Sponsored by the AFSP CO Chapter



Friday Morning | (Breckenridge Ballroom)

Golden Abacus & Golden Lightbulb Awards

CBHC & CMHC Board Member Awards & Events | (Imperial Ballroom)

CBHC Board Lunch Meeting & Awards | Friday 12:00pm - 1:30pm

CMHC & CBHC Board Special Session | Friday 1:30pm - 3:30pm

CMHC & CBHC Board Networking Reception | Friday 3:30pm - 4:30pm

Friday | Medical Education Event | 4:30pm - 5:45pm

Appetizers & Drinks | Sponsored by Neurocrine Biosciences | (Coppertop 3)

Networking Reception

Thursday Evening | 5:15pm - 6:30pm | (Colorado Ballroom)

Gather for our networking reception with appetizers and drinks

Sponsored by





CBHC

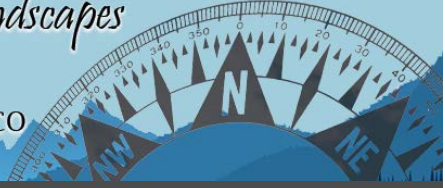
Colorado Behavioral
Healthcare Council

Annual Behavioral Health
Training Conference

Navigating Changing Landscapes

September 25 - 28, 2024

Beaver Run Resort, Breckenridge, CO



Pre-Conference Workshops | Wednesday, September 25, 2024

#1 Pre-Con: \$60 | Mental Health First Aid of the Rockies Summit

(Wednesday | 8:00am - 4:00pm | Includes training, breakfast, lunch, and coffee breaks)

#2 Pre-Con: \$165 | **Skills Training** | Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace | *Emily Machin-Mayes, MA & Sara Jeckovich, MA*

(Wednesday | 8:00am - 4:30pm | Includes training, breakfast, lunch, and coffee breaks)

(Note: Pre-Conference fees are separate from conference fees shown below)

CBHC 2024 Conference Registration Fees

Full Conference | \$500 per person

Thursday/Friday/Saturday | (Thursday 7:45am - Saturday 11:00am)

(Includes Thursday networking reception, all conference sessions, breakfasts, lunches, and coffee breaks)

#1 Pre-Con: Workshop + Full Conference | \$560 per person

Wednesday/Thursday/Friday/Saturday | (Wednesday 8:00am - Saturday 11:00am)

(Includes all conference sessions, networking reception, breakfasts, lunches, and coffee breaks)

#2 Pre-Con: Workshop + Full Conference | \$665 per person

Wednesday/Thursday/Friday/Saturday | (Wednesday 8:00am - Saturday 11:00am)

(Includes all conference sessions, networking reception, breakfasts, lunches, and coffee breaks)

Credits | Up to 19 CEU Credits from NASW & NAADAC

Hotel room block
open now:

[Reserve your room](#)

Visit our website
to learn more about CBHC:

cbhc.org

Register Now!
Click the link below:

[CBHC 2024](#)

CBHC Conference Cancellation/Refund Policy

Conference registration fees will be refunded upon written notice of cancellation if received no later than August 1, 2024.

Questions: Contact Tracy O'Shaughnessy

Tracyhmsr@gmail.com or call 303-525-2811

Thank you to our member organizations!

AllHealth Network
Aurora Mental Health and Recovery
Axis Health System
Centennial Mental Health Center
Community Reach Center
Diversus Health
Health Solutions
Jefferson Center for Mental Health
Mental Health Partners
Mind Springs Health
North Range Behavioral Health
San Luis Valley Behavioral Health
Group
Servicios de La Raza
Solvista Health
SummitStone Health Partners
Valley-Wide Health Systems
WellPower

 @CBHC_News | #CBHC24Conf

Planning Committee

Kelly Phillips-Henry, PsyD, MBA *Conference Chair*

Chief Executive Officer
Aurora Mental Health & Recovery
Aurora, CO

Kara L. Johnson-Hufford, MPA

Chief Executive Officer
CBHC, Denver, CO

Natalie Strom

Independent Consultant
Idaho Springs, CO

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Managing Director for Behavioral Health
Third Horizon Strategies
Denver, CO

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Chief Culture Officer
North Range Behavioral Health
Greeley, CO

Brian Jensen, MBA, BSW

Staff Development Manager
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Pueblo & Longmont, CO

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Director of Public Affairs and Outreach
Valley-Wide Health Systems, Inc.
La Junta, CO

Jes Rau

DEIB Training & Education Manager
WellPower
Denver, CO

Sara Reid, MA

Director of Quality and Program
Development
Mental Health Partners
Boulder and Broomfield, CO



Continuing Education Credits

CBHC provides pre-approved Certificates of Attendance for attendees to submit to NAADAC & NASW for their continuing education credits.



Thank you to all our partners in education!



Hotel Reservations

Beaver Run Resort & Conference Center

620 Village Road, Breckenridge, Colorado 80424

Call 1-800-525-2253 for reservations today!

Hotel rooms start at \$155 + tax and service charge.

Be sure to mention you are attending the CBHC
Conference to receive the group rate.

Reserve your room today!



*Relax,
Revive,
Reconnect*



Beaver Run Resort & Conference Center Interactive Map

[Click here to access the Beaver Run Interactive Map](#)

Or go to: <https://beaverrun.com/welcome-back-cbhc>

For use on tablets, laptops & desktop devices: (not available on phones)

Locate all your session rooms!



Enjoy Downtown Breckenridge



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Digital Patient Engagement designed solely for Mental & Behavioral Health

 **7.4%**
Mend average
no-show rate for 2023

 **90%**
Patient
Engagement Rate

 **60 NPS**
Mend net
promoter score

 **15M+**
Patient visits

-  Patient self-scheduling
-  Appointment reminders
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-  Two-Way Messaging
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CBHC Pre-Conference Workshops | Wednesday Only

Cl Clinical **Bd** Board **Bu** Business/Upper Management

8:00am - 4:00pm

#1 Pre-Con | Mental Health First Aid of the Rockies Summit

Cl Bd Bu

Peak 17
(Front of the Breckenridge Ballroom)

Mental Health First Aid Colorado invites you to join the regional MHFA movement, celebrate our collective impact, and rekindle your passion for saving lives. Connect with the MHFA community, learn from leading experts, and network with your peers. The Summit is designed to inspire, challenge, and recognize the dedicated instructors, coordinators, and agencies that support this vital movement. We welcome MHFA community members from Colorado, the Rocky Mountain region, and beyond!

&

(Includes training, breakfast, lunch, and coffee breaks)

Peaks (14-16)

Breakout Sessions
(Back of the Breckenridge Ballroom)

Schedule:	8:00am - 8:45am	Breakfast & Networking
	10:45am - 11:00am	Coffee Break
	12:30pm - 1:30pm	Lunch
	2:30pm - 2:45pm	Coffee Break
	4:00pm	End

8:00am - 4:30pm

#2 Pre-Con | Skills Training | Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace

Cl Bd Bu

Imperial Ballroom

Emily Machin-Mayes, MA

Sara Jeckovich, MA



For frontline staff and clinicians, this interactive workshop provides comprehensive skills training, practice, and a toolkit for effective de-escalation in behavioral healthcare settings. From recognizing escalation cues to employing reflective listening techniques, attendees will come away with a framework and effective new tools for minimizing escalation and mitigating risks, empowering staff to navigate tense encounters with confidence and skill. Participants will explore strategies for establishing rapport and trust, essential elements in diffusing volatile situations and promoting positive outcomes. Facilitated by lead trainers from Pollack Peacebuilding Systems, a conflict management consulting firm, led by Dr. Jeremy Pollack.

Key components of the workshop include De-Escalation Skills Training Certificate of Completion and Post Assessment follow-up with Q&A via Zoom.

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 9:00am	Breakfast & Networking
	10:30am - 10:45am	Coffee Break
	12:30pm - 1:30pm	Lunch
	3:00pm - 3:15pm	Coffee Break
	4:30pm	End

THURSDAY

7:00am - 4:30pm | **CBHC Registration Open** | *Third Floor Foyer*

7:45am - 6:30pm | Exhibit Hall Open | *Colorado Ballroom*

7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

8:45am - 10:30am | Keynote & Awards

8:45am -
10:30am

Keynote & Mental Health First Aid Awards
The Mental Health First Aid Awards Sponsored by AFSP



**American
Foundation
for Suicide
Prevention**
Colorado Chapter

Breckenridge
Ballroom

CI Bd Bu

Keynote | Conquering Tomorrow: Reframing Our Outlook on Change | *Jeff Havens, BA* | **Sponsor** | *Solari Crisis & Human Services*
Part motivational speech, part change management seminar, and all hilarious, “Conquering Tomorrow” will leave you feeling like you can handle anything the world throws your way.

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

11:00am - 12:00pm

Peak 17

#100 Breaking Down Barriers to Generational Differences in the Workplace | *Jeff Havens, BA*

CI Bd Bu

Peak 14-16

#101 State Efforts to Upgrade Children’s Behavioral Health Services | *Robert Werthwein, PhD*

CI Bd Bu

Peak 6-10

#102 Strategic Resource Allocation in Behavioral Health: Leveraging Big-Data to Address Colorado’s Behavioral Health Clinician Shortages | *Stephen Holloway, MPH*

Bu

Peak 11/12

#103 Building an Innovative Continuum of Care for I/DD Youth and Adults | *Nichole Schreiner, MA, LPC, NADD-DDS & Bradley Crookston, PhD, LPC-S, NCC*

CI

Coppertop 2
Beaver Den

#104 Combating Loneliness: Insights from Colorado’s Statewide Peer Support Initiative | *Sarah Nelson, MBA; Ron Goldman; Chris Kesterson, BS, CAT; Matthew Wilkins, MA, LPC*

CI Bu

Coppertop 3

#105 How to Do “Same Day Access” Right | *Adam C. Roberts, MBA*

Bu

Imperial
Ballroom

#106 Using Data to Drive Change: Maximizing Community Needs Assessments in Behavioral Health | *Mindy Klowden, MNM & Tina Riendeau, MBA, PMP*

Bu


12:00pm - 1:30pm | Lunch (Note room locations below)

Lunch for all attendees (Colorado Ballroom)

CCBHC Lunch (Base Nine Lounge)

MarComm Meeting & Lunch (Mercury Board Room - Bldg. 4)

Training & Development Meeting & Lunch (Spencer’s Private Dining Room)

1:30pm - 3:00pm	
Peak 17 <i>Sponsored by</i> mend	General Session BHA, HCPF & CDHS Colorado's Behavioral Health Landscape: A State of the State Perspective CI Bd Bu <i>BHA Commissioner Dannette R. Smith, MSW; Erin Wester, MS, MHA, LMFT; Cristen Bates, MPH; Jagruti Shah, MA, LPC, CACIII</i>
Peak 6-10	#201 The Care Compact: An Enhanced Care Coordination Model CI Bd Bu <i>Melissa Bortnem, LCSW, LAC & Leandra Montoya, PhD, LPCC</i>
Coppertop 2 Beaver Den	#202 Exploring the Future of Philanthropy: Elevating Fundraising in the Post-2020 Era Bd Bu <i>Nia Wassink, MNM & Maegan Vallejo</i>
Coppertop 3	#203 Proactive Distress Planning: A Precursor to Crisis Safety Planning for Suicide Prevention CI <i>Erin Ralston, LPC</i>
Imperial Ballroom	#204 Pathways to Healing: Opportunities for Providers and Patients in Colorado's State-Regulated Psychedelic Therapies Program CI Bd Bu <i>Joshua Kappel, JD; Kristin Kilbourn, PhD, MPH; Natasia Poinsette, MA</i>
3:00pm - 3:30pm Coffee Break Visit the Exhibits & Sponsors in the Colorado Ballroom	
3:30pm - 5:00pm	
Peak 17	#300 Harmony: Recovery in the Rockies! An Introduction to AllHealth Network's Newest Addiction Health Care Service CI Bd Bu <i>William Henricks, MBA, PhD & Shane Hudson, MS, MSHCT</i>
Peak 14-16	#301 Justice, Health, and Hope: Transforming Mental Health Care for the Marginalized CI <i>Bonnie Wright, MBA, MS & Victoria Trapp, PsyD, LCSW</i>
Peak 6-10	#302 Integrating Care: Embedding Behavioral Health Providers and Services Within LGBTQ+ and QTPOC Communities for Enhanced Outcomes in the Everyday CI <i>Ash Neufeldt, MA; Tamora Tanniehill, LPC, LAC; Bruce Parker, PhD</i> <i>Sponsored by The Colorado Health Foundation</i> 
Peak 11/12	#303 EMDR, Virtual Groups, and Yes, Video Games: Updating Your Trauma-Care Toolbox CI <i>Julie Perlin, LCSW & Braulio Rivera, LPC, LAC</i>
Coppertop 2 Beaver Den	#304 Placing the Head Back on the Body: The Long View Paradigm Shift CI Bd Bu <i>Lesley Brooks, MD & Cassie Damato, MA, LPC</i>
Coppertop 3	#305 Embracing Change Through Extreme Ownership: A New Paradigm for Healthcare Leadership CI Bd Bu <i>Teah Miller, MBA, LPC; Heather Hankins, MSN, PMHNP-BC; Katie Ledbetter, MA, LPC; Maurissa Morones, BA; Andrea Alvarez, BSN-RN, ADS, CNWC</i>
Imperial Ballroom	#306 Building Bridges to the Future: A Look Back at the 2024 Legislative Session, and a Look Ahead CI Bd Bu <i>Frank Cornelia, MS, LPC; Edie Sonn, MPP; Gilbert Romero, JD; Karen Wick, MPP</i>



CBHC

Colorado Behavioral
Healthcare Council



Networking Reception

Thursday | 5:15pm - 6:30pm | *(Colorado Ballroom & Patio)*

Gather for our Networking Reception with appetizers and drinks



@CBHC_News | #CBHC24Conf



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access

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healthcare

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Sponsored by

FRIDAY

7:00am - 4:30pm | **CBHC Registration Open** | *Third Floor Foyer*

7:45am - 3:30pm | Exhibit Hall Open | *Colorado Ballroom*

7:45am - 8:45am | Breakfast in Exhibit Hall | *Colorado Ballroom*

8:45am - 10:30am | Keynote & Awards

8:45am - 10:30am

Keynote & Golden Abacus & Golden Lightbulb Awards

Breckenridge Ballroom

CI Bd Bu

Keynote: What Does It Mean to Be Human in the Age of AI
Heather Berlin, PhD, MPH | *Sponsored by Cantata Health Solutions*
 Heather will explore the difference between intelligence and consciousness, and the implications of our brains merging with AI via neural implants, and ask "when do we stop being human?" Not only are these scientific breakthroughs restoring function, they are offering transformative potential for mental health and human performance.

10:30am - 11:00am | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

11:00am - 12:00pm

Peak 17	#400 DEI Miniseries: Lessons Learned from Piloting an Interactive, Relationship-Based Intervention for Healthcare Teams <i>Laura Ramzy, PhD; Samantha Pelican Monson, PsyD; Brigitte McClellan, PsyD, PMH-C</i>	CI Bd Bu
Peak 14-16	#401 The Future of Behavioral Health Data Sharing: Meet the BHX <i>Doyle Forrestal, BA & Josh Leesmann, BSc, ME</i>	CI Bd Bu
Peak 6-10	#402 Advancing Biopsychosocial Care Through Policy Change for Fifty Million Americans in Chronic Pain <i>Mara Baer, MPH</i>	CI Bd Bu
Peak 11/12	#403 Katz Amsterdam Foundation Shared Measurement Framework: How a Thriving Network of Mountain Resort Towns are Assessing & Tracking the Mental Behavioral Health of Their Communities <i>Heather Trish, NCC, LPCC, LMHC, LPC</i>	Bu Bd
Coppertop 2 Beaver Den	#404 Practical and Ethical Considerations for the Use of AI Within Healthcare Settings <i>Brandon Ward, PsyD & Amy Miller, LCSW</i>	Bu
Coppertop 3	#405 An Academic Community Hospital's Multilevel Approach to Treating Substance Use Disorders in Adolescents <i>Mario Lintz, MD, PhD</i>	CI Bu

CI *Clinical* Bd *Board* Bu *Business/Upper Management*

12:00pm - 1:30pm | Lunch (Note room locations below)

Lunch for all attendees (Colorado Ballroom)
 Medical Directors Lunch (Base Nine Lounge)
 Deputy Directors Lunch (Spencer's Private Dining Room)
 CBHC Member CFOs Lunch (Mercury Board Room - Bldg. 4)

CBHC & CMHC Half-day Board Members Only Events (Imperial Ballroom)



12:00pm - 1:30pm | CBHC Board Meeting & Awards Ceremony

Bd


1:30pm - 3:30pm | #506 | CBHC & CMHC Board Members Only Session
 Navigating Board Governance in Times of Change - Part 1 with Carl Clark, MD
 Navigating Workplace Wellness and Culture in Times of Change - Part 2
 with Stephanie Hildreth

Bd

3:30pm - 4:30pm | CMHC & CBHC Board Member Only Reception

Bd


1:30pm - 3:00pm

Peak 17	#500 A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Wellbeing (Part 1 of 3) Skills Training Janine D'Anniballe, PhD	Cl
Peak 14-16	#501 Assembling the Puzzle: What the CCBHC Model Is and Where it Fits in Colorado's Evolving Behavioral Healthcare Landscape Sara Reid, MA & Rebecca Farley David, MPH	Cl Bd Bu
Peak 6-10	#502 Charting the Path to Recovery: National Trends and Insights in Peer Services and Recovery Support Service Organizations Racquel E. Garcia, NCPRSS, YRC; Jason DeaBueno, MBA, LCSW; Emily Brady, LCSW; Kat Lilley	Bu Cl
Peak 11-12	#503 Succeeding in APMs: An Integrated Behavioral Health (IBH) Perspective Rachel Shuck, MPH & Britta Fuglevand, MSHA	Bu
Coppertop 2 Beaver Den	#504 Enhancing Psychological Fortitude Within the Black Community Lexus Washington, MSW <i>Sponsored by The Colorado Health Foundation</i> 	Cl
Coppertop 3	#505 The Benefits of Competency Restoration: Utilizing Alternative Strategies to Improve Client Outcomes and Compliance with BHA Regulations Tara Rienow, MA & Kathryn Davis, MA, LPC	Cl Bd

3:00pm - 3:30pm | Coffee Break | Visit the Exhibits & Sponsors in the Colorado Ballroom

Cl Clinical **Bd** Board **Bu** Business/Upper Management

3:30pm - 4:30pm

Peak 17	#600 A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client and Therapist Wellbeing (Part 2 of 3) Skills Training <i>Janine D'Anniballe, PhD</i>	CI
Peak 14-16	#601 Bilingual Spanish/English Counseling: Clinical Implications <i>Bradley Crookston, PhD, LPC-S, NCC</i> Sponsored by The Colorado Health Foundation 	CI
Peak 6-10	#602 Changing the Culture of Access and Performance <i>Kevin Light & Katie Blickenderfer, LCSW</i>	Bu
Peak 11/12	#603 Youth at the Helm: Navigating the New Frontier of Peer-to-Peer Mental Health Advocacy <i>Sharon Tuttle, MM, MEd</i>	CI
Copptop 2 Beaver Den	#604 Expanding Medicaid Coverage Through the 1115 Waiver <i>Jennifer Holcomb, MA, CCMP, CTP & Amy Austin, MPP</i>	CI Bd Bu

3:30pm - 4:30pm | CMHC & CBHC Board Member Only Reception | (*Imperial Ballroom*)

4:30pm - 5:45pm | Medical Education Event | (*Copptop 3*)

Differentiating Drug-Induced Movement Disorders CI Bd Bu

For All Attendees | Plan to attend this special session with appetizers and drinks.

Tardive Dyskinesia (TD) should be distinguished from other dopamine receptor blocking agent (DRBA)-induced movement disorders (acute dystonia, acute akathisia, drug induced Parkinsonism). Each has their own distinct pathophysiology, presentation, and treatment.

Understanding the differences between TD and other DRBA-induced movement disorders aids finding the optimal treatment plan for patients.

Sponsored by



SATURDAY

7:00am - 11:15am | **CBHC Registration Open** | *Third Floor Foyer*

7:00am - 8:00am | Breakfast | *Colorado Ballroom*

8:00am - 11:00am (*with 15-minute break*)

Peak 17	#700 A Framework for Trauma-Informed Yoga Facilitation & Trauma-Informed Yoga Practice (Part 3 of 3) Skills Training <i>Janine D'Anniballe, PhD</i>	CI Bd Bu
Copptop 3	#701 Harmonizing Minds: Exploring the Mental Wellbeing Benefits of Sound Bowl Meditation <i>Ashley Oxtton, MA, LPC, LAC; Miranda Jankowski, BS, MS, LPC; Julia Kallis, BS</i>	CI Bd Bu
Imperial Ballroom	#702 Harness the Vitality of Health and Wellness in the Professional Realm <i>LaDonna Reed, MEd, NSCA-CPT*D, CHC, CNC & Adam C. Roberts, MBA</i>	CI Bd Bu



MENTAL HEALTH FIRST AID COLORADO



Take a course today!

Identify. Understand. Respond.

Mental Health First Aid is a skills-based training that teaches participants about mental health and substance-use issues.

Mental Health First Aid Awards Presentation

Sponsored by the AFSP CO Chapter

Thursday | 8:45am - 9:00am | (Breckenridge Ballroom)

Evaluations Available Online



Evaluations Drawing Two-Night Stay at Beaver Run Resort and \$100 Visa Gift Card

Complete your online evaluation
for a chance to win.



QR code for live online session feedback!

Enter your email to access the online evaluations.

Also at www.cbhc.org/conference until October 4th.



**Free WiFi | Open a browser
on your device.**

**Select network:
Beaver Run Meeting
Enter Password
Voucher: CBHC**

#1 Pre-Conference Workshop

Wednesday | September 25, 2024

8:00am - 4:00pm | (Peak 17 - Front of Breckenridge Ballroom) **CI** **Bd** **Bu**

#1 Pre-Con | Mental Health First Aid of the Rockies Summit

Mental Health First Aid Colorado invites you to join the regional MHFA movement, celebrate our collective impact, and rekindle your passion for saving lives. Connect with the MHFA community, learn from leading experts, and network with your peers. The Summit is designed to inspire, challenge, and recognize the dedicated instructors, coordinators, and agencies that support this vital movement. We welcome MHFA community members from Colorado, the Rocky Mountain region, and beyond!

(Includes training, breakfast, lunch, and coffee breaks)

Schedule:	8:00am - 8:45am	Breakfast & Networking
	10:45am - 11:00am	Coffee Break
	12:30pm - 1:30pm	Lunch
	2:30pm - 2:45pm	Coffee Break
	4:00pm	End

CI Clinical **Bd** Board **Bu** Business/Upper Management



MENTAL HEALTH FIRST AID COLORADO

Workshop Evaluations Drawing!

[Click here](#) to enter online workshop feedback
for a chance to win a



**Two-Night Stay at Beaver Run Resort
and \$100 Visa Gift Card.**

#2 Pre-Conference Workshop

Wednesday | September 25, 2024

8:00am - 4:30pm | (Imperial Ballroom)



Skills Training | Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace

For frontline staff and clinicians, this interactive workshop provides comprehensive skills training, practice, and a toolkit for effective de-escalation in behavioral healthcare settings. From recognizing escalation cues to employing reflective listening techniques, attendees will come away with a framework and effective new tools for minimizing escalation and mitigating risks, empowering staff to navigate tense encounters with confidence and skill. Participants will explore strategies for establishing rapport and trust, essential elements in diffusing volatile situations and promoting positive outcomes. Facilitated by lead trainers from Pollack Peacebuilding Systems, a conflict management consulting firm, led by Dr. Jeremy Pollack. Key components of the workshop include:

De-Escalation Skills Training Certificate of Completion and Post Assessment Follow-up with 1-hour Zoom application session and Q&A two weeks post training.

- o Understanding the root causes of escalation to addressing underlying needs
- o Techniques for emotional self-management to remain calm and focused
- o Recognizing escalation and implementing strategies to de-escalate situations
- o Practicing reflective listening to acknowledge needs, interests, and emotions
- o Offering reassurance effectively during escalated situations
- o Using policy or rules explanation to manage behavior constructively
- o Promoting autonomy and choice to empower individuals in de-escalation
- o Maximizing safety while building relationships and accountability
- o Participants will have the opportunity to incorporate and practice de-escalation techniques, ensuring they are equipped to handle challenging situations effectively in their roles

Emily Machin-Mayes, MA has been designing and providing conflict resolution education and peacebuilding services to businesses, schools, and youth since 2011. She has a Master's degree in Intercultural Service Leadership and Management from the SIT Graduate Institute and holds a Master's Certificate in Restorative Practices from the International Institute for Restorative Practices (IIRP). With a Bachelor's degree in Theatre and Liberal Arts, she is passionate about creating meaningful opportunities for reflection, listening, and transformation utilizing dialogue, art-informed and trauma-informed techniques. Emily's expertise lies in her comprehensive understanding of system-level dynamics, as well as her ability to navigate interpersonal and intercultural considerations. With these insights, she empowers clients to build tools for reflection and communication so they can communicate a way that reflects their values and builds towards mutual understanding. For over a decade, Emily has been bringing organizations and groups together to effectively manage change and resolve conflicts. She has extensive experience in facilitating trainings, meetings, and retreats. She provides ongoing coaching support to a diverse range of clients including K-12 schools, nonprofits, county and municipal departments, businesses, and community settings.

Sara Jeckovich, MA has over 10 years of experience working in the field of peacebuilding. Her experiences working in trauma-informed care and with multicultural groups are drivers of her work, and have equipped her with a broad range of social-emotional skills. Sara guides others through the process of looking beyond their positions and toward the deeper underlying interests, which promotes clients to uncover practical methods of building peace. Through creativity and collaboration, Sara's work as a peacebuilder focuses on combining individual methods with structural initiatives to create effective and constructive practices that lay the foundation for the building of peace. Sara has worked with nonprofit and for-profit organizations in various support service roles. From case management and client services, to coaching and facilitating group dynamics, Sara's experience brings structure and heart to her peacebuilding work. She has developed training curricula for international NGOs, as well as assisted in the creation of standardized practices for public and private sector organizations.



Keynote & Awards CI Bd Bu

Thursday | 8:45am - 10:30am

Conquering Tomorrow: Reframing Our Outlook on Change

Jeff Havens, BA

Conquering Tomorrow: Reframing Our Outlook on Change, is designed for anyone who has ever approached an upcoming change with hesitation or dread (which is everyone). Conquering Tomorrow takes audiences on a journey through some of life's most common "bad" changes—some personal, some professional—to reveal a profound and important truth: that while the process of going through difficult changes may not always be fun, the end result of those changes is usually far better than we're afraid it will be. Oh, and did we mention that the whole thing is funny? Delivered with Jeff's trademark wit and infectious enthusiasm, Conquering Tomorrow is a highly personalized approach to one of the thorniest challenges facing modern businesses—getting employees and clients to buy into the changes that will inevitably come. Part motivational speech, part change management seminar, and all hilarious, Conquering Tomorrow will leave you feeling like you can handle anything the world throws your way.

Keynote Takeaways

- Recognizing the four main reasons we most commonly fear or resist unplanned, unexpected, or unasked-for changes
- Learning to distinguish between the process of change (which is sometimes frustrating) and the result of change (which is usually positive)
- Developing a long-term attitude toward change management to help reduce short-term frustrations and put temporary setbacks into proper context
- How to use current successes as a guide for how future changes are likely to resolve themselves

Jeff Havens, BA is a Phi Beta Kappa graduate of Vanderbilt University. Jeff has quickly become one of the most in-demand presenters in North America. His truly unprecedented ability to deliver high-quality education in an undeniably entertaining way has earned him dozens of repeat clients, all of whom appreciate Jeff's insistence that education is the only way that we improve at anything and that we'll all improve better and faster if we enjoy the learning process. By combining the content of the traditional presentation with the entertainment value of a comedy show, Jeff is a change agent for enthusiastic audiences in government, academia, small businesses, and Fortune 50 companies.

CI *Clinical* Bd *Board* Bu *Business/Upper Management*

#100 | Breaking Down Barriers to Generational Differences in the Workplace



The world has told us that there are four or even five distinct generations operating side-by-side in today's working world and that we need to learn how to work with—and understand—all these different generations and their nuances. However, in this breakout, you'll learn that there really aren't four or five generations in the workplace and never have been. We will focus on how all of us are at slightly different points on the same journey. It's an important distinction, and it will make implementing new solutions easier than you ever thought possible.

Jeff Havens, BA (See bio page 20)

#101 | State Efforts to Upgrade Children's Behavioral Health Services



State partners will discuss current efforts underway to address enhancements to children and youth behavioral health services in Colorado. This includes a presentation on the BHA's "Children and Youth Behavioral Health Implementation Plan" and efforts underway at HCPF in developing a system of care for Medicaid members. Both plans are aimed at significantly enhancing the current system so as a state we are better equipped to serve children and youth with acute behavioral health needs.

Robert Werthwein, PhD (he/him/his) has been employed by the State of Colorado in several leadership roles since 2013. He has served as the Director of the Office of Children, Youth and Families and the Office of Behavioral Health for the state of Colorado. Prior to working at the state, Dr. Werthwein held several positions at the University of Colorado's Depression Center. He received his doctorate in Clinical Psychology at Howard University and completed his postdoctoral training through the University of Colorado's Harris Infant Mental Health Fellowship.

#102 | Strategic Resource Allocation in Behavioral Health: Leveraging Big-Data to Address Colorado's Behavioral Health Clinician Shortages



Amid a growing behavioral health crisis, Colorado's Primary Care Office leverages novel methodologies to optimize resource distribution, targeting critical workforce shortages. This session explores innovation in big data and advanced analysis to guide effective policy that supports behavioral health access and the professionals who provide it.

Stephen Holloway, MPH is a public health professional, professor, and board member serving organizations with an equity focus. He is Director of the Primary Care Office at the state health department. Additionally, he is Adjunct Professor of Health Policy at the Graduate School of Social Work at the University of Denver.

 **Clinical Board Business/Upper Management**



Session Handouts
Download CBHC session handouts on the
CBHC website at www.cbhc.org after September 1, 2024

#103 | Building an Innovative Continuum of Care for I/DD Youth and Adults**CI**

Working with clients with intellectual or developmental disabilities is a unique clinical specialization. A continuum of care is needed to effectively serve this population. How to build a continuum of care for a unique population, best practices, community partnerships and an emphasis on multicultural and social justice principles are highlighted.

Nichole Schreiner, MA, LPC, NADD-DDS earned a Master's degree in Counseling. She is certified in NMT and is a certified SOMB Associate Level Juvenile Treatment Provider, working with children, adolescents, and families for 18 years in various settings including residential, day treatment, outpatient, group homes with persons with I/DD, and youth corrections. She utilizes a trauma-informed approach that is strength-based, authentic, and collaborative to help make positive change through connection and healing.

Bradley Crookston, PhD, LPC-S, NCC holds a PhD in Counselor Education & Supervision with a doctoral minor in Applied Statistics/Research Methods and a Master's degree in Clinical Counseling with a couples/family therapy emphasis. He is an LPC-S in CO and an NCC. He has 12-plus years of experience in the mental health field working with adolescents, families, couples, children, adults, I/DD populations, and serving in management. He is bilingual in Spanish and English and is trained in bilingual counseling.

#104 | Combating Loneliness: Insights from Colorado's Statewide Peer Support Initiative**CI Bu**

Half of U.S. adults suffer from loneliness and social isolation. Peer Assistance Services, in collaboration with local RAEs including Health Colorado, Inc., launched a statewide initiative in 2023 to provide Coloradans with access to an innovative online peer support community. This session will present the clinical outcomes and results to date.

Sarah Nelson, MBA is the Director of Operations at Health Colorado, Inc. With extensive expertise in organizational management, Sarah excels in developing strategic partnerships and enhancing operational efficiency. Her diverse skills empower her to effectively lead innovative initiatives to combat societal challenges in loneliness through innovative platforms like Wisdo.

Ron Goldman is the Chief Strategy Officer at Wisdo Health, a peer support platform designed to reduce the harmful consequences of loneliness and social isolation on health outcomes and costs. Ron is an Adjunct Professor for Entrepreneurship at NYU and previously the Co-Founder/CEO of Kognito, an AI-driven health simulation company.

Chris Kesterson, BS, CAT has worked for Peer Assistance Services, Inc. since 2006. Chris coordinates implementation of Peer Health Assistance Programs for licensed health professionals for the Department of Regulatory Agencies, focusing on system design and quality assurance. Chris has been highly involved in implementing Wisdo in Colorado.

Matthew Wilkins, MA, LPC is a seasoned behavioral health professional, currently Manager II at Carelon Behavioral Health. With over a decade of experience, he excels in care coordination, integrated healthcare, and innovative program development. Matthew holds a Master's degree in Counseling and is certified in integrated care management.

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#105 | How to Do “Same Day Access” Right

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Same day access (SDA) was introduced to streamline the intake process, reduce wait times from 27 days to minutes, and practically eliminate no-shows. However, challenges arose during implementation. This presentation will walk the audience through our journey from beginning to end. Join us to explore:

- How to set realistic new service timelines and goals
- How to include frontline staff in decision-making
- How to prevent staff fatigue
- How to align the necessary resources
- How to shift priorities based on unexpected events

Adam C. Roberts, MBA has been the President and CEO of Diversus Health, a leading community mental health center in El Paso, Park, and Teller Counties since May 2019. Under his leadership, he rapidly shifted the organization to a telehealth model during the COVID-19 pandemic, transformed the organization's culture to be client-centric, and oversaw a comprehensive organizational rebrand from AspenPointe to Diversus Health. Prior to being a CEO, Roberts was a COO of Valley-Wide Health Systems, a federally qualified healthcare center, where he oversaw strategic operations and developed a new behavioral health service line that led to a fully integrated whole person healthcare model. Adam also worked as a senior staff member with the Veterans Health Administration (VHA) health care system both in Texas and in Colorado, where he was recognized as an improvement expert and is credited with saving millions of dollars for the VHA health care system while improving patient care and patient experience. Adam is a Colorado native with a Bachelor's degree in Business Administration and an MBA in Health Administration. Additionally, Adam received Black Belt and Master Black Belt training in Lean Six Sigma at the U.S. Army Medical Department Center and School, Fort Sam Houston, in San Antonio, Texas, and completed the 2018 UCLA/Johnson & Johnson Health Care Executive Program. Adam enjoys spending time with his wife and two children and also enjoys trail running, golfing, wood carving, and competitive axe throwing at logger competitions.

#106 | Using Data to Drive Change: Maximizing Community Needs Assessments in Behavioral Health

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Community needs assessments enable organizations to learn about emerging behavioral health needs, barriers, and strategies. In this workshop, participants will gain valuable insights to conduct needs assessments. Using a case study from La Plata County's CCBHC, presenters will share best practices for utilizing data to drive clinical and operational changes.

Mindy Klowden, MNM is a national consultant, leader, and strategist. She oversees Third Horizon's behavioral health consulting practice, manages client relationships and deliverables, conducts research and policy analysis, and provides expert strategic planning and facilitation. Mindy has 25+ years experience, an MNM from Regis University and Bachelor's degree in Sociology from Colorado College.

Tina Riendeau, MBA, PMP has 15 years of operations leadership and strategic project management from inception to completion. She is skilled in project planning, budget management, and fostering collaborative relationships. Her organizational and problem-solving abilities drive excellence and achieve business objectives.

#200 | General Session | BHA, HCPF & CDHS | Colorado's Behavioral Health Landscape: A State of the State Perspective *Sponsored by* **mend** Cl Bd Bu

This session will include a facilitated panel discussion addressing Colorado's behavioral health reform efforts, including ACC 3.0, PPS and essential payment reform, BHA regulatory implementation, BHASO updates, criminal justice and competency restoration, and other timely topics. Experts from HCPF, the BHA, and CDHS will share insights on these vital initiatives and allow time for audience Q & A to follow.

BHA Commissioner Dannette R. Smith, MSW is a visionary executive leader who has spent more than 25 years serving families, children, the aging population, and people experiencing homelessness. She's led human services departments across the country, utilizing data-driven outcomes and engagement strategies, fostering staff development and community involvement, all with the goal of developing and maintaining innovative, stable, and effective programs. The 2023 recipient of the Lifetime Achievement Award from the American Public Human Services Association (APHSA), Commissioner Smith holds a Bachelor of Science in Psychology from Eastern Michigan University and a Master's degree in Social Work from the University of Illinois Chicago. She's also completed the Kennedy School of Government, Child Welfare Executive Leadership Program at Harvard. Commissioner Smith is a proud mom and godmother of three brilliant young women. In her free time she loves to visit with them, read, and golf.

Erin Wester, MS, MHA, LMFT joined BHA after 13 years of managing contracting, quality, compliance, and operations for a community mental health center. Erin started her career as a family services clinician, where she built her passion and foundation for serving Coloradans. After several years doing direct client care, she became curious about how the system was designed and began taking roles in operational functions using both her clinical and business knowledge. She has demonstrated success managing continuous improvement initiatives for business workflow efficiency and is skilled at directing programs with a dedication to maximizing impact and fostering engagement while delivering patient quality excellence. Erin holds a Master's degree in Healthcare Administration from Colorado State University Global, a Master's degree in Marriage and Family Therapy from Seattle Pacific University, and a Bachelor's degree in Human Development and Family Studies. She has been in Colorado for 30 years, and in her free time, she enjoys spending time with her family, hiking, camping, and traveling.

Cristen Bates, MPH is a dedicated public health executive with 20 years of service to the community. She currently serves as the Office Director for Medicaid and CHP+ Behavioral Health Initiatives & Coverage and the Deputy Medicaid Director at the Colorado Department of Healthcare Policy and Financing (HCPF), the state's Medicaid agency. Cristen has focused her public service efforts on improving health care policy, expanding access to behavioral health, and fighting stigma and systemic barriers to health.

Jagruiti Shah, MA, LPC, CACIII is the Deputy Director of the Office of Civil and Forensic Mental Health at the Colorado Department of Human Services. She oversees the management teams of the two state psychiatric hospitals, mental health transitional living program, forensic services, data and evaluation, and bed utilization.

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#201 | The Care Compact: An Enhanced Care Coordination Model

This session highlights an approach to care coordination between behavioral health providers, hospitals, first responders, and social service organizations. The model provides wraparound support to individuals with behavioral health conditions, IDD, and unmet basic needs by linking service providers together. Topics include design, function, outcomes, and lessons learned.

Melissa Bortnem, LCSW, LAC has over 20 years of experience as a provider and leader in community mental health. Currently serving as a Clinical Director of Rehab Services at AllHealth Network, Melissa shares her passion for serving individuals with complex behavioral health needs.

Leandra Montoya, PhD, LPCC is currently the Care Compact Supervisor for Douglas County. She has a Master's degree in Forensic Psychology and is completing her PhD in Counselor Education and Supervision. She's worked with individuals with complex behavioral health needs, serious mental illnesses, and justice-involved individuals in a clinical direct service role and care coordination role for 7 years. She has a private practice providing teletherapy and is an Adjunct Professor at Adams State University.

#202 | Exploring the Future of Philanthropy: Elevating Fundraising in the Post-2020 Era

Learn essential DEIA-driven fundraising strategies for the post-pandemic landscape. Discover practical tips for navigating donor behaviors, using philanthropic tools, and mastering the dynamic philanthropic terrain. Elevate your fundraising game with actionable insights and transformative strategies. Join us to be at the forefront of philanthropy's future!

Nia Wassink, MNM (she/her) is owner and Principal of Prismatic Consulting. Nia is a career nonprofit professional, specializes in opening up possibilities and removing barriers for clients. She is passionate about DEIA, focusing on board governance, community-centric fundraising, and inclusive strategic planning.

Maegan Vallejo (she/her) is a Senior Consultant with Prismatic Consulting. Maegan has over a decade in nonprofit fundraising, innovates equitable philanthropic practices. She empowers clients through writing, strategy, and coaching, committed to expanding community participation for lasting social change.

#203 | Proactive Distress Planning: A Precursor to Crisis Safety Planning for Suicide Prevention

Pushing beyond the medical model of suicide prevention, we will cover limitations of existing safety plan philosophy, proposing a proactive approach built from neurobiology, psychological pain, and cultural theory. We will acknowledge that thoughts of suicide can feel beneficial to clients and seek to modify crisis responses with practiced behaviors.

Erin Ralston, LPC is the Clinical Director of Access, Residential, Homeless Services, Forensic Services, and Reset: Recovery Services with Aurora Mental Health and Recovery. Her first passion has always been crisis intervention and suicide prevention. She seeks to utilize creative solutions in client-centered care that honors lived experience, ensuring that all clients feel they are the focus of their story. Erin is often accompanied by her therapy dog, Harriet, who relishes getting all the pets.

#204 | Pathways to Healing: Opportunities for Providers and Patients in Colorado's State-Regulated Psychedelic Therapies Program CI Bd Bu

Colorado's Natural Medicine Health Act allows integration of psilocybin therapy within Colorado's behavioral health systems beginning in 2025. This session will review the growing body of research informing our understanding of safety and efficacy, along with a deep dive into the specifics of this new profession in Colorado.

Joshua Kappel is a founding partner at Vicente LLP, co-author of Colorado's Natural Medicine Health Act and senior advisor to the Healing Advocacy Fund. He provides legal and policy analysis to inform effective regulations and helps companies navigate the psychedelic field, focusing on risk mitigation, licensing, compliance, and corporate law.

Kristin Kilbourn, PhD, MPH is a Licensed Clinical Health Psychologist and Associate Professor at CU Denver involved in a range of teaching, research, and clinical activities. She serves as co-investigator and lead clinical supervisor on a clinical trial examining the efficacy of psilocybin-assisted psychotherapy for those living with advanced cancer.

Natasia Poinsett, MA is the Colorado Director of the Healing Advocacy Fund, a nonprofit that protects and expands safe, affordable state-regulated access to psychedelic healing for all who need it. In Colorado, Natasia has organized expert stakeholder input to inform a responsible and accessible state-regulated program for psilocybin therapy.

#300 | Harmony: Recovery in the Rockies! An Introduction to AllHealth Network's Newest Addiction Health Care Service CI Bd Bu

Harmony Foundation and AllHealth Network have joined together to deliver exceptional addiction health care services. This session will provide education and information about their merger, services, and goals for the future as they approach delivering care to individuals from across the region, state, and country.

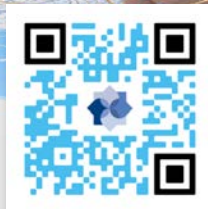
William Henricks, MBA, PhD leads AllHealth Network with over 30 years of experience in behavioral health and over 25 years in senior leadership. Additionally, he serves on the Colorado Behavioral Healthcare Council and Signal Behavioral Health Boards and is a member of the steering committee for the Douglas County Mental Health Initiative.

Shane Hudson, MS, MSHCT is the CEO of Harmony in Estes Park, Colorado. Shane earned a Master's of Clinical Psychology from Emporia State University in 2008 and a Master's of Health Care Transformation from University of Texas, Austin in 2020. Shane comes to Colorado from Kansas with 17 years of experience in behavioral health.

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Session Handouts

Download at www.cbhc.org after September 1, 2024



#301 | Justice, Health, and Hope: Transforming Mental Health Care for the Marginalized**CI**

The landscape of mental health care is changing. For too long, the criminal justice system was seen as the de facto mental health treatment for our most vulnerable citizens. However, OCFMH will present on innovative, targeted solutions to right-set individuals into the right care at the right time in the right place.

Bonnie Wright, MBA, MS has worked in behavioral health since 2005, serving in various clinical and leadership roles. Bonnie is currently the Director of the Mental Health Transitional Living Homes. Bonnie holds a Bachelor's degree in Psychology, MBA, and a Master's degree in Organizational Leadership. She is passionate about equitable and accessible services for individuals.

Victoria Trapp, PsyD, LCSW has over 24 years of experience in the human service industry. She is passionate about working on initiatives that improve the quality of care for individuals with mental health disorders. Dr. Trapp has also developed evidence-based clinical programs for individuals with serious mental illness within the civil and forensic psychiatric settings.

#302 | Integrating Care: Embedding Behavioral Health Providers and Services Within LGBTQ+ and QTPOC Communities for Enhanced Outcomes in the Everyday**CI**

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Explore Rocky Mountain Equality's proposed three-prong model for transforming behavioral health outcomes for LGBTQ+ people in the everyday through embedding behavioral health providers and services directly within affinity groups, utilizing arts and aesthetics to advance better behavioral health outcomes, and using behavioral health outcomes to inform non-clinical programming and services.

Ash Neufeldt, MA (she/they) is Rocky Mountain Equality's Advocacy and Education Manager. With a background in sociology and queer studies, she has an understanding of systems and how they influence people's lives, inclusive of LGBTQ+ people and their behavioral health.

Tamora Tanniehill, LPC, LAC (she/her) is Rocky Mountain Equality's Director of Behavioral Health & Wellness. With experience supporting diverse, underserved and underrepresented populations—specifically adolescent, BIPOC and LGBTQ+. Her practice integrates cultural competence/responsiveness, accessibility, community/social engagement, and access to basic needs in achieving optimal behavioral health outcomes.

Bruce Parker, PhD (he/him) is Rocky Mountain Equality's Deputy Director. A committed advocate and community organizer, he has fought for LGBTQ+ equality for more than 20 years. He has experience in diverse settings including higher education, local and statewide community organizations, a gubernatorial campaign, and state government.

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All Evaluations Online



[Click here](#) for live online session feedback!

Two-Nights at Beaver Run Resort and \$100 Visa Gift Card

#303 | EMDR, Virtual Groups, and Yes, Video Games: Updating Your Trauma-Care CI Toolbox

We will discuss merging EMDR with remote play tools such as Minecraft to improve mental health symptoms in teens. We leverage established technology to enhance internal resources and decrease symptoms of PTSD, anxiety, and depression using EMDR protocols. We will provide an opportunity to learn, participate, and experience remote therapeutic play.

***Julie Perlin, LCSW** is an EMDR Consultant and has spent most of her career working in a community mental health setting with children and families who have experienced trauma. Julie is an EMDRIA Approved Consultant and coordinates the Child and Family EMDR Program at WellPower. Julie brings the EMDR, and Braulio brings the tech!*

***Braulio Rivera, LPC, LAC** is EMDR Certified and has been in the mental health field for over 15 years. He is currently a Child and Family Therapist at WellPower and works on projects featured on the news as part of the WellPower Innovation Team. Braulio utilizes his knowledge of technology to reach underserved communities.*

#304 | Placing the Head Back on the Body: The Long View Paradigm Shift CI Bd Bu

Featuring the launch of services at the Acute Care Facility at Larimer County's Longview campus, we describe use of an innovative built environment, incorporation of a primary care workforce into community mental health, and focusing providers and clinicians away from substance use and mental illness silos to deliver a full continuum of integrated care in an acute care setting.

***Lesley Brooks, MD** serves as Chief Medical Officer for SummitStone Health Partners in northern Colorado. Board-certified in family medicine and addiction medicine, she has practiced full scope family medicine including prenatal care, chronic pain, mental health, and substance use. Since transitioning to SummitStone in 2020, she specializes in substance use, mental health, and integrated care.*

***Cassie Damato, MA, LPC** serves as Director of Acute Services at SummitStone Health Partners. She has spent the past 17 years joining service leaders across systems to transform networks of care. Her time building integrated ecosystems of care in Northern Colorado has included serving across the lifespan in outpatient care, directing Colorado Crisis Services programs, developing a Larimer County Co-Responder Program, and leading interdisciplinary teams in residential, withdrawal management, and crisis stabilization acute care.*

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Evaluation Feedback Drawing!

Two-Night Stay at Beaver Run Resort and \$100 Visa Gift Card

[Click here](#) to enter online session feedback!



You can also access the online evaluations at www.cbhc.org/conference until October 4th.

#305 | Embracing Change Through Extreme Ownership: A New Paradigm for Healthcare Leadership CI Bd Bu

Discover how Health Solutions has embraced Jocko Willink's Laws of Combat—Cover and Move, Simplify, Prioritize, Execute, and Decentralized Command—to transform its healthcare leadership. This session delves into the practical applications of these principles within Health Solutions, highlighting their role in fostering team unity, streamlining processes, and empowering decision-making. Participants will gain insights into how Health Solutions navigates the dynamic healthcare landscape with clarity, resilience, and effective leadership.

Teah Miller, MBA, LPC is the Vice President of Specialty Services at Health Solutions in Pueblo, Huerfano, and Las Animas Counties, overseeing programs such as a mobile crisis response team, an eight-bed respite, a 15-bed acute treatment unit, a peer support center, and an assertive community treatment program. She also leads the Pueblo County Regional Continuum of Care, aiding rural Colorado communities in securing HUD funding. A Colorado State University of Pueblo alumna. Teah has made Pueblo her cherished home, dedicated to enhancing local health services.

Heather Hankins, MSN, PMHNP-BC is the Chief Operations and Clinical Officer at Health Solutions, and a visionary leader with over three decades of healthcare experience. With a background as an ICU RN and a Board-Certified Psychiatric Mental Health Nurse Practitioner, Heather has dedicated her career to comprehensive, integrated healthcare. Her transformative leadership style has propelled Health Solutions to new heights, expanding services and driving innovation. Heather's commitment to excellence inspires teams to achieve remarkable outcomes in healthcare delivery.

Katie Ledbetter, MA, LPC is a Licensed Professional Counselor currently serving as the Vice President of Outpatient Services for Health Solutions. Katie earned a Bachelor's degree in Theatre and Psychology from Colorado College in Colorado Springs, with a Master's degree in Expressive Arts Therapies and Clinical Mental Health Counseling from Lesley University in Cambridge, MA.

Maurissa Morones, BA has worked in healthcare for the past 5 years, with the past 3 years being with Health Solutions, she has worked in several supportive roles throughout the front lines. Approximately a year ago Maurissa began a leadership growth project co-leading Health Solutions state-of-the-art childcare center. She is currently working towards obtaining her MBA to better empower her to improve operational efficiency.

Andrea Alvarez, BSN-RN, ADS, CNWC is a pioneering healthcare leader, revolutionizes substance use disorder treatment. Leading innovative medication assisted treatment programs, she expands access to care, notably establishing Colorado's first opioid treatment program. As Vice President of Medical Services at Health Solutions, she excels in program development and strategic planning. Engaged in community efforts, she shapes policies combating the opioid crisis. Andrea's compassionate leadership leaves a lasting impact, prioritizing evidence-based, quality care.

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#306 | Building Bridges to the Future: A Look Back at the 2024 Legislative Session, and a Look Ahead CI Bd Bu

2024 was a busy year for behavioral health under the gold dome! Join CBHC's government affairs and policy team for an analysis of key behavioral health developments in the 2024 legislative session and a discussion about what might lie ahead, including an analysis of budget impacts, election year implications, and more.

Frank Cornelia, MS, LPC is the Deputy Executive Director & Chief Strategy Officer for CBHC. Before joining the organization in 2012, he was a direct care professional with years of experience providing services to diverse client populations. In his role with CBHC, he reports directly to the CEO and is responsible for developing and maintaining relationships with a variety of community and government stakeholders. He also helps set the strategic vision for the organization. Frank provides leadership to CBHC's advocacy team and leads the development of CBHC's yearly policy platform. He holds a Bachelor's degree in Psychology from the University of Minnesota and a Master's degree in Health and Human Development from Montana State University.

Edie Sonn, MPP is the Senior Director of External Affairs for CBHC and joined them in 2022. Edie leads CBHC's government relations team and works alongside Deputy Executive Director Frank Cornelia on policy initiatives. She also represents the organization with key stakeholders, oversees communications, and assists members with their own communications, outreach and engagement strategies. Edie served as a board member of WellPower for much of the last 20 years and was actively involved in the development of Colorado's integrated care SIM plan. Edie came to CBHC after 8 years as the Vice President of Public Affairs at Pinnacol Assurance. Previously, she worked in health policy for 20+ years, including as the Vice President of Strategic Initiatives for the Center for Improving Value in Health Care, Colorado Medical Society and as a public affairs consultant for a wide range of healthcare clients. Sonn holds a Master's degree in Public Policy from Duke University and is a Bachelor of Arts graduate and a Boettcher Scholar from Colorado College. She was named a 2018-2019 Governor's Fellow by Governor John Hickenlooper. In 2017, she was named the "Outstanding Woman in Business: Communications/Media" by the Denver Business Journal.

Gilbert Romero, JD is a Principal/Attorney with Capitol Success Group, a government affairs and lobbying firm he started in 1999. He is currently the lead lobbyist for CBHC. Gil served in the Colorado House of Representatives from 1984 to 1998; 8 of those years he served on the powerful Joint Budget Committee. He is a former Judge Advocate General and a Major in the Army National Guard. He holds a Juris Doctorate degree from the University of Colorado Law School, and a Bachelor's degree in Political Science, University of Colorado, with a Master's degree from Harvard University.

Karen Wick, MPP is a Principal at Swift Strategies, a government relations firm in Denver, Colorado. She has more than 15 years of legislative and political experience honed while working for top advocacy organizations in Colorado and Washington, D.C. As Political Director and Lobbyist for the Colorado Education Association, an affiliate of the National Education Association, she led strategic campaigns to advance their political and legislative goals and engage their 35,000 members across the state. Her previous experience also includes advancing rights for LGBTQ+ individuals nationally with the Gill Foundation; advocating for union members with the American Federation of State, County and Municipal Employees; and advancing the rights of working women at Women Work! The National Network for Women's Employment. A native of New Jersey, Karen completed her Bachelor's degree at Montclair State University. She later earned her Master's in Public Policy at the Trachtenberg School of Public Policy and Public Administration at George Washington University in Washington, D.C.

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Keynote & Awards

Friday | 8:45am - 10:30am

What Does It Mean to Be Human in the Age of AI

Heather Berlin, PhD, MPH | Sponsored by 



AI will eventually be able to DO much of what we can do, but it will never BE what we can be. Neuroscientist Dr. Heather Berlin explains why AI in its current form will never be conscious. As AI-generated content continues to proliferate, she argues that we will need human connection more than ever before, and asks us to consider what it looks like to build community and be human in a world dominated by new technology. She will explore the difference between intelligence and consciousness, and the implications of our brains merging with AI via neural implants, and ask “when do we stop being human?” Not only are these scientific breakthroughs restoring function, they are offering transformative potential for mental health and human performance. You will walk away with a better understanding of what AI can and can’t do, and be inspired to fight for a world where humans are not replaced, but rather enhanced by AI.

Heather Berlin, PhD, MPH is a Neuroscientist, Clinical Psychologist, and Associate Clinical Professor of Psychiatry and Neuroscience at the Icahn School of Medicine at Mount Sinai. She explores the neural basis of impulsive and compulsive psychiatric and neurological conditions with the goal of developing novel treatments. She is also interested in the brain basis of consciousness, dynamic unconscious processes, and creativity. Berlin is a committee member of the National Academy of Sciences, and the American Association for the Advancement of Science, and a passionate science communicator. She hosts the new Nova series “Your Brain”, and has hosted series on PBS and Discovery Channel. She makes regular appearances on StarTalk with Neil DeGrasse Tyson, and has appeared on the BBC, History Channel, Netflix, and National Geographic. She co-wrote and starred in the critically acclaimed off-Broadway show, Off the Top, about the neuroscience of improvisation, and the Edinburgh Fringe Festival show, Impulse Control. Heather received her D.Phil. from the University of Oxford, and Master of Public Health from Harvard University, and trained in Clinical Neuropsychology at Weill Cornell Medicine’s Department of Neurological Surgery. She was a visiting scholar at the New York Psychoanalytic Society and Institute, and a Visiting Professor at Vassar College, the Swiss Federal Institute of Technology/University of Zurich, and The Hebrew University of Jerusalem.

#400 | DEI Miniseries: Lessons Learned from Piloting an Interactive, Relationship-Based Intervention for Healthcare Teams



A longitudinal relationship-based DEI Miniseries intervention was developed from data regarding frontline workers' experience with power and privilege dynamics within their healthcare teams. Learn how the intervention components target individual resiliency and team connections. Participants will discuss feasibility and acceptability findings' relevance to DEI work in their organizations.

Laura Ramzy, PhD is a Licensed Psychologist and an Associate Faculty Member with the International Disaster Psychology: Trauma & Global Mental Health MA Program at the University of Denver. She has been involved in the local refugee and immigrant community as a volunteer, clinician, researcher, and advocate for the past 17 years. Her current areas of interest include integrated care, refugee and immigrant health, multicultural sensitivity, and diversity, equity, and inclusion issues within primary care.

Samantha Pelican Monson, PsyD has worked at Denver Health in the Integrated Behavioral Health Department for 15 years. She has a clinical specialty in refugee, immigrant and newcomer (RIN) mental health; the clinic where she practices is also a state-designated RIN screening site, and many patients make this their medical home. Sam's research has focused on team dynamics, including for patients with severe and persistent mental illness and attending to power and privilege across the medical hierarchy.

Brigitte McClellan, PsyD, PMH-C is a Licensed Psychologist with 8 years of professional experience across several primary care settings. She has worked for Mental Health Center of Denver (WellPower), Denver Health, and currently works for the University of Colorado in the Children's Hospital Colorado Special Care Clinic. Her primary areas of interest are in pediatric primary care, perinatal mental health, and DHEI (diversity, health equity, and inclusion).

#401| The Future of Behavioral Health Data Sharing: Meet the BHX



Show me the data, as they like to say. That is the goal of the BHX, a shared data environment designed to enable community safety net providers to proactively drive data sharing and transparency. This project is specifically designed to enhance those goals and to allow providers to focus on their vision of providing high-quality, efficient, and well-coordinated care. Through this framework, the BHX infrastructure supports community organizations to take ownership of the project, drive necessary reforms, and secure opportunities to innovate and collaborate like never before. As Colorado launches significant changes to the behavioral health system, this centralized data sharing environment will allow providers to more quickly access and analyze information leading to faster decision-making, more transparency, and less burdensome reporting. It is equally important for community safety net providers to demonstrate their impact and value to regulators and payors. With recent federal changes, such as with 42 CFR Part 2, the landscape is ripe for this shared data space, allowing providers a more complete client picture, while also reporting key quality measures to state and federal agencies. Though in the pilot phase, this project is launching at a critical time when federal reform and state innovation are focused on the impact and value of community behavioral health services.

See Doyle Forrestal's & Josh Leesmann's bios on the next page

#401 | The Future of Behavioral Health Data Sharing: Meet the BHX



Doyle Forrester, BA is the Principal of Forrester Research & Consulting (FRC) and has over 20 years of experience working with legislators, executives, and community organizations to support health policy, with a focus in the field of behavioral health. She believes that empowering community safety net providers is a fundamental step to making lasting impact. Having worked with Colorado's community mental health center system for many years, she has seen firsthand their dedication and passion as they work tirelessly to improve the lives of individuals seeking mental health and substance use disorder services. She served as the Chief Executive Officer of the Colorado Behavioral Healthcare Council (CBHC) from 2015-2023 and as the Executive Officer for the U.S. Department of Health and Human Services (HHS) in Region VIII, Office of Intergovernmental and External Affairs for 5 years. In that capacity she helped implement provisions of the Affordable Care Act with state and tribal governments across the states of Colorado, Utah, Montana, Wyoming, North and South Dakota. Prior to working with HHS, she was the Director of Public Policy with CBHC and worked with the Colorado Legislature for nearly a decade. Her has experience guiding, developing, and implementing legislative strategy and policy at the federal, state, and local levels. She received her Bachelor's in Political Science from the University of Colorado, and her law degree from Denver University.

Josh Leemann, BSc, ME is a Senior Consultant with Forrester Research & Consulting (FRC) and is a seasoned business and technology leader with over 15 years of management consulting experience spanning various industries and legal matters. He has a demonstrated history of success in building large-scale data sharing initiatives and supporting infrastructure. Josh's expertise was honed during his tenure as the founding director of the data and analytics practice for a top-100 accounting and consulting firm, where he gained deep insights into leveraging data to drive value at scale. With extensive experience in applying defensible quantitative methods in complex legal matters and healthcare engagements, Josh is well-versed in applying advanced analytical methods in the pharmaceutical and healthcare industries. Additionally, he leads large-scale data sharing efforts in the supply chain and logistics space, where he navigates the complexities and challenges of creating sustainable and trusted data sharing ecosystems at a national scale. Committed to advancing collaborative data ecosystems that enhance patient care, optimize operations, and deliver meaningful impact, Josh is dedicated to driving innovation in healthcare. He brings a wealth of experience in leading teams to build modern data sharing systems that meet the highest standards of security and compliance, leveraging leading-edge technology and data systems to achieve transformative outcomes. Josh's foundation in economics, with a Bachelor of Science and Master's of Economics in Applied Econometrics from the University of Missouri, St. Louis, provides a unique perspective that informs his approach to data-driven solutions in healthcare and beyond.

Clinical Board Business/Upper Management



Session Handouts

Download CBHC session handouts on the
CBHC website at www.cbhc.org after September 1, 2024

#402 | Advancing Biopsychosocial Care Through Policy Change for Fifty Million Americans in Chronic Pain Cl Bd Bu

Attendees will learn about the chronic pain crisis, how the brain functions in chronic pain, and why a biopsychosocial approach to pain care is essential. Mara will share her personal pain journey of experiencing siloed treatment and explain how policy barriers limit access to holistic pain care.

Mara Baer, MPH is a health policy strategist and advocate with over 25 years in the industry. She is founder of AgoHealth, a health policy consulting firm advising government officials and C-suite executives. Through writing and public speaking, Mara is also raising awareness about the biopsychosocial nature of chronic pain.

#403 | Katz Amsterdam Foundation Shared Measurement Framework: How a Thriving Network of Mountain Resort Towns are Assessing & Tracking the Mental Behavioral Health of Their Communities Bu Bd

Since 2018, the Katz Amsterdam Foundation (KAF) has supported mental behavioral health in western mountain resort communities. As an integral part of their work, eight communities use a shared measurement framework, visualized in the KAF Shared Measurement Framework Data Dashboard. Communities use the dashboard to identify community need, influence programmatic focus, drive strategic mental behavioral efforts, and to make the case for local, state, and federal funding.

Heather Trish, NCC, LPCC, LMHC, LPC with over 30 years of clinical experience, holds an EdM in Psychological Counseling and a Master's degree in Organizational Psychology from Columbia University, and is a licensed mental health provider in Colorado, California, New York, and Texas. Heather served as the Assistant Director for the 9/11 Mental Health program in NYC, as a Career Counselor at NYU Stern Graduate School of Business, and as a Clinical Director at a large community mental health agency. She is the Mountain Mental Behavioral Health Network Director at the Katz Amsterdam Foundation, supporting mental behavioral health in mountain resort communities.

#404 | Practical and Ethical Considerations for the Use of AI Within Healthcare Settings Bu

The rapid growth of Artificial Intelligence (AI) is reshaping every part of our technological world, including healthcare. Utilizing AI requires companies to understand the basics of AI, implement security protocols to use it safely, and employ methods to evaluate/ implement successfully. This session will cover all of that and more!

Brandon Ward, PsyD is a dynamic healthcare leader, bringing together deep clinical insight, experience with complex technology solutions, and an innovative and collaborative style—all in the service of transforming behavioral healthcare in Colorado and beyond.

Amy Miller, LCSW has a broad range of expertise in the fields of mental health and aging. Amy is passionate about providing education on behavioral health topics and has spent her career developing collaborations among community organizations.

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#405 | An Academic Community Hospital's Multilevel Approach to Treating Substance Use Disorders in Adolescents CI Bu

Adolescent substance use is exacerbated by rising opioid use and fentanyl contamination. Denver Health offers a continuum of services including Colorado's first licensed adolescent withdrawal unit and a specialized outpatient clinic. These services cover multiple levels of care in clinic, school, and hospital settings to best serve the surrounding community.

Mario Lintz, MD, PhD is an Assistant Professor at the University of Colorado, specializing in child, adolescent, and adult psychiatry and serves as the Medical Director of the Substance Use Treatment, Education, and Prevention (STEP) Program at Denver Health where he focuses on treatment of substance use disorders in adolescents.

#500 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Wellbeing | (Part 1 of 3) Skills Training CI

This session will discuss a four-phase clinical model based on the work of trauma experts Judith Herman, Daniel Siegel, and Noa Ben-Asher. We will discuss specific intervention strategies that correspond to each phase of trauma as well as common missteps that clinicians can make when treating traumatic stress.

Janine D'Anniballe, PhD is a Licensed Psychologist and a nationally recognized expert in sexual assault, traumatic stress, and treatment for trauma survivors. A native of Ohio, she received her undergraduate degree from the University of Dayton and her doctorate in Counseling Psychology from the University of Tennessee. Janine currently serves as the Director of Psychological Health and Performance in the Athletics department at the University of Colorado, Boulder. In 2017, Janine's vision of offering a trauma center of excellence to the community was realized when Moving Beyond Trauma, a trauma-focused holistic counseling program opened under a local nonprofit organization. Additionally, for 23 years, she was the Director of Moving to End Sexual Assault (MESA), the rape crisis center serving Boulder County, Colorado. Through her private consulting and training practice, Janine has provided guidance on psychological trauma in over 40 states to prosecutors, law enforcement officers, military personnel, child welfare workers, university staff, mental health workers, and victim advocates. As a faculty member of the National Judicial Education Program, she has educated judges on ways of minimizing the re-traumatization of sexual assault victims while still ensuring defendants' rights. Janine has provided expert forensic court testimony in over 75 civil and criminal sexual assault trials across Colorado. Additionally, Janine is a registered yoga teacher specializing in trauma-informed yoga. When she is not practicing or teaching yoga, Janine loves to garden, hike, follow her beloved Cleveland sports teams, and share quality time with her charming cats, Felix and Nemo, and sweet labrador golden retriever, Fievel.

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Join Janine D'Anniballe, PhD for a special Three-Part Skills Training

#500 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Wellbeing - Part 1 | Friday | 1:30pm - 3:00pm

#600 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Wellbeing - Part 2 | Friday | 3:30pm - 4:30pm

#700 | A Framework for Trauma-Informed Yoga Facilitation & Trauma-Informed Yoga Practice - Part 3 | Saturday | 8:00am - 11:00am

#501 | Assembling the Puzzle: What the CCBHC Model Is and Where it Fits in Colorado's Evolving Behavioral Healthcare Landscape

Cl Bd Bu

This session will provide an overview of the Certified Community Behavioral Health Clinic (CCBHC) model and highlight how it can enhance Colorado's behavioral healthcare evolution, from a local and national perspective. Many CCBHC elements align to Colorado's new comprehensive provider requirements and create a pathway for collaboration with essential and specialty providers.

Sara Reid, MA has worked in community behavioral health program development for over 15 years. Sara helped implement Colorado's first CCBHC grant project, at Mental Health Partners, and guides statewide conversations to inform system change. She brings a passion for data-informed continuous quality improvement to impact equitable community health outcomes.

Rebecca Farley David, MPH leads the National Council for Mental Wellbeing's CCBHC Success Center, an initiative to advance the CCBHC model. Rebecca has been involved in the CCBHC movement since its inception. Today, she provides strategic guidance and implementation support to state officials, provider organizations, and other stakeholders working to adopt the CCBHC model. Rebecca's past work has focused on mental health and substance use parity, advancing integrated care, securing federal funding for community-based treatment, and leveraging Medicaid to improve the availability and accessibility of services.

#502 | Charting the Path to Recovery: National Trends and Insights in Peer Services and Recovery Support Service Organizations

Bu Cl

Delve into the dynamic realm of peer support services, examining national trends, legislative hurdles, and partnership tactics. Discover NAMI's influential models, the significance of COPA designation, and innovative solutions from Hard Beauty. Elevate your understanding and drive transformative change in behavioral healthcare, spotlighted by Silver Key's specialized demographic services.

Racquel E. Garcia, NCPRSS, YRC is the Founder and Chief Innovation Officer of Hard Beauty and serves on numerous councils and boards. Racquel is a Certified Addiction Counselor, interventionist, recovery coach, expert trainer, presenter, and entrepreneur.

Jason DeaBueno, MBA, LCSW is the President and CEO of Silver Key Senior Services. Jason is an LCSW with an MBA and has more than 20 years' experience in leadership and management positions.

Emily Brady, LCSW (shelher) is the Director of Community Engagement and Initiatives at NAMI Colorado Springs. Emily is an LCSW who embraces systemic change and strengths-based approaches.

Kat Lilley (shelher) is the Peer Programs and Volunteer Manager at NAMI Colorado Springs. Kat brings lived experience and leadership to her work.

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#503 | Succeeding in APMs: An Integrated Behavioral Health (IBH) Perspective Bu

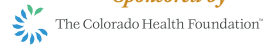
Attendees will understand the basics of HCPF and federal APMs available in their region, understand the process to succeed in alternative payment models (APM) from an integrated behavioral health (IBH) perspective, & develop a clear next step for participating/succeeding in APMs. Participants will have facilitated support in developing a plan to utilize APMs to drive their goals for IBH.

Rachel Shuck, MPH works for the BHIC office managing the HB 1302 Behavioral Health Integration Grant. She has experience leading operations at Eastern Plains rural FQHC for primary care, behavioral health, and dental care in SIM, and other KPI and APM models.

Britta Fuglevand, MSHA works in payment reform at Colorado Health Care Policy and Financing. She has experience leading operations at a rural FQHC, coaching primary care practices in SIM and CPC+, and other advanced primary care practice transformation and alternative payment model roles.

#504 | Enhancing Psychological Fortitude Within the Black Community CI

This presentation focuses on providing clinicians with the practical tools needed to help better serve Black clients by enhancing psychological fortitude through the application of multicultural guidelines when providing psychotherapy. Key topics include the importance of understanding race and ethnicity, barriers to treatment, mental health disparities, and effective treatment models.



Lexus Washington, MSW is a formally trained and educated clinician specializing in behavioral health crisis intervention, trauma-informed care, race, and identity. Lexus' passions include increasing supportive spaces for people of color and the LGBTQ+ community within therapeutic spaces. Lexus has her Bachelor's degree from the University of Illinois at Chicago and Master's degree in Social Work from Columbia University.

#505 | The Benefits of Competency Restoration: Utilizing Alternative Strategies to Improve Client Outcomes and Compliance with BHA Regulations CI Bd

This session will explore competency restoration as an opportunity to exit individuals from the criminal justice system. We will discuss how competency restoration can benefit clients and help them achieve long-term stability in the community, by leveraging multidisciplinary teams, expanding beyond your area of expertise, and collaborating with other professionals.

Tara Rienow, MA has been a Program Coordinator for Outpatient Restoration at Colorado's Office of Civil and Forensic Mental Health since 2022. Since 2019, she has trained treatment courts nationwide with All Rise, drawing on her decade of experience in problem-solving courts. Tara holds a Master's degree in Clinical Mental Health Counseling.

Kathryn Davis, MA, LPC serves as the Director of Colorado's Outpatient Restoration Program and is a consultant and speaker on community-based restoration programs nationwide. Kathryn brings extensive experience in community behavioral health programming, partnerships, and education. She holds a Master's degree in Counseling Psychology and Counselor Education from the University of Colorado, Denver, and a Bachelor's degree in Psychology from Regis University.

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#506 | CMHC & CBHC Board Member Only Session: Navigating Board Governance in Times of Change - Part 1 (1:30pm - 2:30pm)

Bd

Board members will have an opportunity to learn to manage during times of change, followed with a session on crafting culture and wellbeing in the workplace in times of uncertainty.

Carl Clark, MD is President & Chief Executive Officer of WellPower (formerly the Mental Health Center of Denver). Dr. Clark leads the organization by "focusing on what people can do, not what they can't do." He has dedicated his career to improving the wellbeing of the Denver community and beyond through a focus on health promotion, wellbeing, resilience, and recovery across the lifespan. Under the leadership of Dr. Clark, WellPower is powering the pursuit of wellbeing, delivering strengths-based, person-centered, culturally responsive services. In 2018, WellPower was named a finalist for a World Changing Idea Award from Fast Company Magazine and the same year won the Excellence in Behavioral Healthcare Management Award from the National Council for Behavioral Health. In 2021, WellPower was named a Top Employer in Healthcare by DiversityJobs.com and has been a Denver Post Top Workplace for 10 years running. In 2023, WellPower won the Large Nonprofit of the Year Award from the Denver Metro Chamber of Commerce. Dr. Clark joined WellPower in 1989. He became the Medical Director in 1991, Chief Executive Officer in 2000, and President & CEO in 2014.

CMHC & CBHC Board Member Only Session: Navigating Workplace Wellness and Culture in Times of Change - Part 2 (2:45pm - 3:30pm)

Bd

In this session, Stephanie Hildreth will provide tools for leaders to manage fear and uncertainty during periods of change. This session will delve into the science of fear, offering leaders a deeper understanding of its impact on themselves and their teams. Attendees will learn personal strategies for resilience and mental wellbeing, as well as practical methods to support and guide their staff and board through times of rapid systemic policy change. Key topics include transparency and strategic vulnerability, equipping leaders to foster a healthy, adaptable workplace culture.

Stephanie Hildreth, Managing Director of Workplace Wellbeing at Third Horizon, provides strategy, client relationship management, research, and consulting services. With 20 years of experience across various industries, she is passionate about creating workplace cultures where employees thrive, feeling productive, whole, and connected.

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Evaluation Feedback Drawing!

Two-Night Stay at Beaver Run Resort and \$100 Visa Gift Card

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You can also access the online evaluations at www.cbhc.org/conference until October 4th.

#600 | A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client and Therapist Wellbeing (Part 2 of 3) Skills Training

CI

In this session, we will explore skills and interventions for Phase 1 of trauma treatment. These skills are also applicable for clinicians to help cultivate our resilience and regulate our own nervous systems in the face of traumatic content.

Janine D'Anniballe, PhD (See speaker bio page 36)

#601 | Bilingual Spanish/English Counseling: Clinical Implications

CI

Bilingual Spanish/English counseling is a unique specialization within the counseling field and merits its own unique emphasis.



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Clinical implications and best practices are reviewed and highlighted for professionals providing this service. Moreover, multiculturalism and social justice principles are central to bilingual Spanish/English counseling and thus are prominently featured.

Bradley Crookston, PhD, LPC-S, NCC (See speaker bio page 22)

#602 | Changing the Culture of Access and Performance

BU

This presentation will walk through Diversus Health's implementation of a performance-based incentive payment model for outpatient clinical providers that shifted the culture with clinical providers in how they viewed their caseload, schedule, and individual performance goals.

Kevin Light is the COO for Diversus Health located in Colorado Springs Colorado. He is an accounting professional with 30 years of experience including retail, Olympic sport, and behavioral health care. He is an active participant in the Colorado Behavioral Healthcare Council and is the co-chair of their Committee on Finance Data and Budgets. He is an avid golfer who enjoys fishing and travel.

Katie Blickenderfer, LCSW is the Chief Clinical Officer with Diversus Health. Katie has over 15 years experience in the behavioral health field as a provider and as a leader. She oversees outpatient counseling and addiction services and the crisis continuum. She has been focused on improving access to initial and follow up care, staff retention, and program sustainability. She enjoys spending time with her family playing games and being outdoors.

#603 | Youth at the Helm: Navigating the New Frontier of Peer-to-Peer Mental Health Advocacy

CI

As we navigate the youth mental health crisis, the urgency of authentic relationships and amplifying student voice has become glaringly imperative. This session will delve into the pivotal role of young advocates in reshaping the landscape of mental health literacy and resilience in students and the staff that support them. We aim to navigate the evolving terrain of mental health practices and inspire the next generation to cultivate a more connected and empathetic community.

Sharon Tuttle, MM, MEd is a seasoned educator and family mentor with 20+ years' experience, faced adversity in abusive school environments and battled depression as a result. Holding a Master's degree in Management and a Master's degree in Educational Leadership, she is adept at implementing mental health strategies for students and staff, building authentic student connections, and teaching strategies for suicide prevention.

CI Clinical BU Board BU Business/Upper Management

Friday & Saturday | Sessions & Speakers

#604 | Expanding Medicaid Coverage Through the 1115 Waiver

CI Bd Bu

The Department of Health Care Policy & Financing (HCPF) will discuss ongoing efforts to expand health-related social needs (HRSN) services, including housing and nutrition supports, through a proposed HRSN 1115 waiver amendment. In addition, attendees will receive an introduction to the State's 1115 waiver and an overview of guidance from the Centers for Medicare Services and Medicaid (CMS) on HRSN scope.

Jennifer Holcomb, MA, CCMP, CTP is the Behavioral Health Section Manager in the Behavioral Health Initiatives and Coverage Office (BHIC). Her team oversees behavioral health benefits, developing and communicating policies, and delivering provider support for understanding, applying and implementing behavioral health benefits. Jennifer's background includes health systems administration, community based direct support services, accreditation of regulatory programs, and clinical research.

Amy Austin, MPP is the Recovery Support Policy Administrator for HCPF in the Behavioral Health Initiatives and Coverage Office (BHIC). Amy manages the SUD benefit, as well as reimbursement for peer support and supportive housing services. Amy holds a Master's degree in Public Policy and prior to joining HCPF worked for 6 years in community based direct support services, designing and implementing programming for diverse populations.

Saturday | Sessions & Speakers

#700 | A Framework for Trauma-Informed Yoga Facilitation & Trauma-Informed Yoga Practice | (Part 3 of 3) Skills Training

CI Bd Bu

Please bring your yoga mat. Towels will be provided or you can sit during the yoga demonstration.

Yoga can be a valuable vehicle to help clients (and clinicians) learn emotion regulation and mindfulness skills. We will explore the framework of trauma-informed yoga and the guiding principles and the practice. Additionally, in this session, some tips and guidance will be presented on how to start a trauma-informed yoga program in your setting. Experience a facilitated 60-minute trauma-informed yoga class. No previous yoga experience or flexibility is required; the class is open to people of all levels of experience.

Janine D'Anniballe, PhD (See speaker bio page 36)

CI Clinical Bd Board BU Business/Upper Management



Expand Your Mindfulness Skills

#701 | Harmonizing Minds: Exploring the Mental Wellbeing Benefits of Sound Bowl Meditation **CI** **Bd** **Bu**
Please bring your yoga mat. Towels provided or you can sit during the meditation.

Dive into the transformative world of sound bowl meditation and its profound impact on mental wellbeing. Learn from our experience implementing a sound bowl meditation group at North Range Behavioral Health. Then, immerse yourself in a captivating 45-minute demonstration to experience the soothing vibrations firsthand.

***Ashley Oxtan, MA, LPC, LAC** is a Licensed Professional Counselor and Licensed Addictions Counselor in the state of Colorado. She holds a degree in Clinical Counseling from the University of Northern Colorado, where she graduated in 2011. Over the past decade, Ashley has dedicated her career to North Range Behavioral Health. She initially joined the Youth and Family Outpatient team and demonstrated exceptional skills and leadership, leading to her promotion in 2022 to Program Director for the West Greeley and Windsor Counseling Centers.*

***Miranda Jankowski, BS, MS, LPC** is a Licensed Professional Counselor in the state of Colorado. She works in community mental health with North Range Behavioral Health. Miranda went to the University of Wisconsin—Stout and obtained her Master's degree in Clinical Mental Health Counseling with concentrations in Alcohol and Other Drug Abuse and Child and Adolescent Counseling. Currently Miranda works with people ages 12 and up, specializing in trauma work.*

***Julia Kallis, BS** works at North Range Behavioral as a Case Manager between the Counseling Centers at Windsor and West Greeley. She graduated cum laude from Colorado State University in May 2021, and is excited to return to campus to work towards her Master's degree in Marriage and Family Therapy. Julia is passionate about attachment-based interventions and learning about the effect of trauma on the nervous system.*

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Explore Profound Well-being



#702 | Harness the Vitality of Health and Wellness in the Professional Realm

Each day as professionals we are presented with the uniqueness of life. Learn to incorporate the adaptation of workplace balance and techniques for vitality of living. Improve movement, nutrition and have better connection amongst your peers. There's balance with working on strategic reports and enhancing your wellness at the same time. *(This is an interactive session)*

- Learn wellness tools for the busy professional: breathing exercises, physical activity movement and mobility at your desk or office setting
- Improve nutrition for weight loss, maintenance, and energy throughout the day
- Eating habits that improve health markers and reduce disease risk factors
- Demonstrated exercises to improve low back pain, knee issues, and shoulder tightness
- Increase in health literacy for application in daily living
- Making wellness a way of life

LaDonna Reed, MEd, NSCA-CPT*D, CHC, CNC has a tenacious approach to life. As a competitive sprinter for USA Track & Field Masters (100m, long jump, and javelin), she continues to stay active on the national level, currently ranked #3 in the U.S. for javelin. She spent over 15 years presenting to and educating Olympic and Paralympic level athletes on leaving behind a legacy of clean sport competition. Serving as the Health and Wellness Specialist for Diversus Health, it is her passion to improve health markers for individuals within an organization and community members to improve health and wellbeing and provide insight on quality of life for longevity and vitality. LaDonna is a certified Personal Trainer, and owner of Get Movin' Personal Training, LLC. She loves to share the knowledge of nutrition and wellness to all who will listen.

Adam C. Roberts, MBA (See speaker bio page 23)

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Workplace Wellness



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COLORADO, EACH OF US CAN SAY:

“ We have all we
need to live
healthy lives.”



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The i-STAT 1, i-STAT Alinity and Piccolo Xpress systems help deliver collaborative, patient-centered care and can drive performance in a variety of healthcare settings. In minutes, these products can deliver lab-quality results and accurate record-keeping. This allows healthcare professionals to quickly respond to any need and condition where and when care is needed.

abbvie **#137 | AbbVie | 1 North Waukegan Road, North Chicago, IL 60064 | 800.255.5162 | www.Abbvie.com**

AbbVie is driving the pursuit of improved mental health. Over the last 30 years, the company's scientists and clinicians have worked to tackle the complexity of mental illness and today offer a portfolio of medicines and a pipeline of innovation that spans depression, anxiety, bipolar disorder, and schizophrenia. To learn more about AbbVie's work to support individuals throughout their mental health journey, please visit www.abbvie.com or follow @abbvie on Facebook, Instagram, YouTube, and LinkedIn.



#114 | Adtalem Global Education (Chamberlain & Walden Universities) | 500 Monroe St., Chicago, IL 60661 | 609.815.6082 | www.waldenu.edu/nationalcouncil

As a member of The National Council for Mental Wellbeing, you may be eligible to receive exclusive savings when you earn your degree in social change-focused education from Chamberlain University and Walden University. Program areas include social work, counseling, business, and more. Students benefit from advanced technology and flexible program options, making online learning engaging and accessible.



#123 | Alis Behavioral Health | 1325 S. Colorado Blvd., Suite B705, Denver, CO 80222 (& Westminster, CO 80234) | 888.528.3860 | alisbh.com

Alis Behavioral Health is a leading adolescent partial hospitalization program (PHP) and intensive outpatient program (IOP) for adolescents ages 11-17 who are experiencing mental health struggles such as anxiety, depression, self-harm, and suicidal ideation. Alis also provides telehealth IOP services and individual therapy. Alis Behavioral Health provides quality clinical care and is located in Denver and Westminster, Colorado.

 **#107 | Alkermes Inc. (Aristada)**
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Alkermes is a global biopharmaceutical company developing innovative medicines for the treatment of central nervous system (CNS) diseases. The company has a diversified commercial product portfolio and a substantial clinical pipeline of product candidates for chronic diseases that include schizophrenia, bipolar disorder and addiction.



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AllHealth Network is a trusted family of mental health and substance use providers. We have over 250 clinical providers and more than 30 psychiatrists and nurse practitioners. Beyond our 12 physical locations, our teams provide service in schools, detention centers, community centers and other community locations throughout Arapahoe and Douglas Counties.



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Colorado Chapter

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bring together people from all backgrounds who want to prevent suicide in our communities. Families and friends who have lost someone to suicide, vulnerable individuals, mental health professionals, clergy, educators, students, community/business leaders.

As a part of AFSP's growing nationwide network of chapters, we



#104 | Argo Behavioral Healthcare Solutions

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Richardson, TX 75081 | 781.724.8872

www.argodata.com

ARGO develops and supports high-value healthcare and financial services software solutions. ARGOS Behavioral Health CareChain (BHCC), automates Utilization Review workflow, streamlines call preparation and scores EMR data, strengthening medical necessity evidence to maximize insurance reimbursement. BHCC also provides management insight KPIs to identify process improvement opportunities.



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Boehringer Ingelheim is working on potential breakthrough therapies that transform lives, today and for generations to come. As a leading research-driven biopharmaceutical company, the company creates value through innovation in areas of high-unmet medical need. Founded in 1885 and family-owned ever since, Boehringer Ingelheim takes a long-term perspective. More than 52,000 employees serve over 130 markets in the three business areas: human pharma, animal health, and biopharmaceutical contract manufacturing.



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www.braeburnrx.com

Braeburn is dedicated to transforming the management of OUD to help people begin and sustain recovery.



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#131 | CARF International | 6951 E. Southpoint Road, Tucson, AZ 85756 | 888.281.6531 | www.carf.org

CARF© International is an independent, nonprofit accreditor of health and human services. Through accreditation, CARF assists service providers in demonstrating value by the quality of their services and meeting internationally recognized organizational and group standards.



#95 | Centennial Peaks Hospital | 2255 S. 88th St., Louisville, CO 80027 | 303.673.9990
www.centennialpeaks.com

At Centennial Peaks Hospital, your health is our priority. We treat a wide range of disorders and conditions related to your mental wellbeing. Our behavioral health hospital, located in Louisville, CO, strives to deliver excellent service while keeping your needs, goals, and wellness in mind.



CHES Health | 333 W. Commercial St., Suite 2500, East Rochester, NY 14445 | 844.MY.CHESS
www.ches.health

CHES Health is the leading provider of evidence-based digital health solutions supporting our partners in addressing the individual and societal crisis of substance use disorder. Its solutions span the entire lifecycle of SUD management—from prevention and intervention to treatment and recovery—and amplify the impact of providers, health plans, and governmental and community organizations by extending their reach to meet individuals at moments that matter.



#110 | Children's Behavioral Solutions: Acadia Healthcare | 6100 Tower Circle, Suite 1000, Franklin, TN 37067 | 870.945.0825 | www.acadiahealthcare.com

Children's Behavioral Solutions is a cost-free referral assistance service designed to aid in the location and selection of appropriate treatment solutions for vulnerable children and adolescents.



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At Citywide Banks, a division of HTLF Bank, decision-making is local and our bankers are committed to deeply understanding each customer's financial needs. Because when that happens, a bank, even one with over \$20 billion in assets and the backing of a company with national outreach, doesn't just feel like a partner, it feels like an extension of your family. Supported by our parent company, HTLF, our unique model leverages technology, efficiency, and strength, enabling us to deliver the best of both worlds: The resources and tools of a large company, combined with local decision-making, unmatched customer service, and in-depth understanding of our customers and communities.



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800.511.5010 | www.coaccess.com**

Colorado Access is a nonprofit organization that works beyond just navigating health services. As the state's largest and most

experienced public sector health plan, the company finds itself at the intersection between public health and clinical health outcomes to empower people through access to quality, equitable, and affordable care. Colorado Access is committed to advancing meaningful, measurable improvements in delivering healthcare to improve the lives and whole-person health of members with Health First Colorado (Colorado's Medicaid program) and Child Health Plan Plus (CHP+) in the counties they serve.



COLORADO
Family and Medical Leave
Insurance Program (FAMLI)
Department of Labor and Employment

**#96 | CDLE-Division of Family and Medical Leave
Insurance | 633 17th St., Suite 900, Denver, CO 80202
1.866.CO.FAMLI | www.famli.colorado.gov**

Colorado voters approved Proposition 118 in November of 2020, paving the way for a state-run Paid Family and Medical Leave Insurance (FAMLI) program. The FAMLI program ensures most Colorado workers have access to paid leave in order to take care of themselves or their family during life circumstances that pull them away from their jobs—like growing their family or taking care of a loved one with a serious health condition.



contexture
Creating connections. Improving lives.

**#130 | Contexture | 2000 S. Colorado Blvd., Tower 1,
Suite 12000, Denver, CO 80222 | 844.279.7120
www.contexture.org**

Contexture is a nonprofit, regional organization that provides strategic, technical and administrative support to communities committed to advancing health through information sharing. Contexture means the manner of being woven or linked together to form a connected whole. Established in 2021 as the largest health information organization in the western region, our mission is to advance individual and community health and wellness through the delivery of actionable information and analysis. Follow us on LinkedIn and X @ContextureHIT.



CORNERSTONE PROGRAMS



**COMMUNITY COUNSELING
SERVICES**

**#100 | Cornerstone Community Counseling Services
6535 S. Dayton St., Suite 2900, Greenwood Village, CO
80111 | 720.895.1000
www.CornerstonePrograms.com/Colorado**

Cornerstone Community Counseling Services offers prevention services for children, youth, and families through our intensive in-home treatment program. We serve families with children and youth ages 3-17, who are struggling with serious emotional and behavioral challenges, to help with stabilization, regulation, parenting skills, conflict resolution, and more.



**#136 | Correctional Counseling Inc. (CCI) | 2189 West
St., Suite 1, Germantown, TN 38138
901.360.1564 | www.ccimrt.com**

Correctional Counseling, Inc. (CCI) is committed to being a partner in cognitive-behavioral treatment that targets “thinking errors” and develops pro-social attitudes and behaviors in adults and adolescents. Moral Reconciliation Therapy (MRT®) combines education and evidenced based materials designed to improve decision making and life purpose for behavioral health, substance abuse and criminal justice populations.



DEER OAKS
THE BEHAVIORAL HEALTH SOLUTION

#93 | Deer Oaks Behavioral Health | 7272 Wurzbach Road, San Antonio, TX 78240 | 832.358.4501
www.deeroaks.com

Our team is composed of Psychologists and Licensed Clinical Social Workers providing psychotherapy and board-certified Geriatric Psychiatrist and Advanced Practice Clinicians providing psychiatry services. We pride ourselves on our exceptional clinical leadership and expertise in geriatric behavioral health.



Denver Springs

#115 | Denver Springs Hospital | 8835 American Way, Englewood, CO 80112 | 720.643.300
www.denversprings.com

Denver Springs is a behavioral health hospital that offers mental health and addiction treatment in both an inpatient and outpatient setting. Our programs offer caring, compassionate treatment for adolescents, and adults, as well as specialized programming for active-duty military, veterans, first responders, and other high-risk frontline professionals on operations.



#132 | Dominion Diagnostics | 211 Circuit Drive, North Kingstown, RI 02852 | 877.734.9600
www.dominiondiagnostics.com

Dominion Diagnostics is a leading, certified, and accredited national medical laboratory that provides urine drug-monitoring solutions and actionable clinical information to improve patient care and treatment outcomes in the treatment of substance use disorder and chronic pain management.



More Care. Less Ops.

Eleos Health | *Sponsor of Coffee Breaks*
PO Box 650190, West Newton, MA 02465 | www.eleos.health

Eleos Health turns behavioral health conversations into documentation and

intelligence that drives better care. We reduce documentation work by 50% while unlocking objective insights into evidence-based care through augmented intelligence, improving outcomes by 3–4X. With Eleos, providers are focused more on delivering care and less on operations.

EMERGENT®

Emergent BioSolutions | *Sponsor of MHFACO of the Rockies Summit* | 400 Professional Drive, Suite 400, Gaithersburg, MD 20879
1.844.4NARCAN | www.narcn.com

Emergent develops, manufactures, and delivers protections against public health threats through a portfolio of vaccines and therapeutics worldwide. As part of our mission to protect and enhance life, we maintain a critical role in fighting the ongoing opioid crisis as the manufacturer of NARCAN® Nasal Spray.



#118 | Envision: You | 303 E. 17th Ave., 4th Floor, Denver, CO 80203 | info@envision-you.org
www.envision-you.org

Envision:You is dedicated to reducing disparities in LGBTQ+ mental health outcomes through community initiatives, advocacy, public awareness, and evidence-based training. Our dedicated team, in partnership with Mental Health Colorado, aims to create a more inclusive world for LGBTQ+ individuals by ensuring access to affirming services and programs.

 **evolvedMD** #122 | [evolvedMD](#) | 1375 N. Scottsdale Road, Suite 200, Scottsdale, AZ 85257 | 480.877.9284
[www.evolvedMD.com](#)

At evolvedMD, we are leading the integration of behavioral health services in modern primary care. How? We use a uniquely upfront, innovative, and ongoing approach that places our clinicians on-site and in person at each of the practices we serve. We have earned a reputation as one of the nation's top turn-key companies to fully embed behavioral health specialists and support mechanisms into a collaborative primary care team. evolvedMD is committed to meeting patients where they are most comfortable: whether that is in person and on-site at your practice location or virtual. We offer early, comprehensive, and dedicated care to help patients achieve the best possible behavioral health outcomes.

 **exydoc**

#124 | [exydoc](#) | 100 Daisy Lane, Palmyra, PA 17078
717.943.3051 | [www.exydoc.com](#)

exydoc is the smart, simple PDM software for community therapy providers. It ensures security, accuracy, and affordability with an intuitive design. Fast on-boarding and streamlined credentialing maximize patient care and revenue, making your job easier.

 **forvis
mazars**

Forvis Masars | *Sponsor of Keycards* | 1801 California St., Suite 2900, Denver, CO 80202
303.861.4545 | [www.forvismazars.us/about-us/locations/denver-co](#)

Forvis Mazars is a national CPA and advisory firm that can help you reach your goals. Our experienced advisors offer solutions for clients in all 50 states and internationally. Tap into national insight and resources with experienced Denver advisors who can give you the attention you deserve.

 **genoa
healthcare®**

#125 | [Genoa Healthcare](#) | 707 S. Grady Way, Renton, WA 98057 | 888.436.6279 | [www.genoahealthcare.com](#)

Genoa Healthcare® is the largest provider of behavioral health pharmacy and medication management services for individuals with behavioral health and other complex, chronic health conditions in the U.S. We are dedicated to improving the lives of these individuals, and that dedication has not wavered in 20 years.

 **GRAND CANYON
UNIVERSITY**

#119 | [Grand Canyon University](#) | 3300 W. Camelback Road, Phoenix, AZ 85017 | 970.250.2476
[www.gcu.edu/ec/jenni.zimmer](#)

Grand Canyon University is Arizona's premier, private Christian university committed to delivering affordable, transformative higher education. GCU's nine colleges offer 270 academic programs, including 200 online academic programs, for traditional students and working professionals. Students may learn on GCU's vibrant campus or as part of a dynamic online learning community.

 **HEALTH
COLORADO**
Your Connection to Complete Health Care

[Health Colorado, Inc.](#) | 10855 Hidden Pool Heights, Suite 260, Colorado Springs, CO 80908 | 719.621.9500
[www.healthcoloradorae.com](#)

Health Colorado's purpose is to improve member health, wellness, and life outcomes. Promote member choice and engagement. Join physical and behavioral health benefits. Strengthen coordination of services through team-based care and health neighborhoods. Provide cost-effective healthcare services that deliver outcomes, and pay providers for the increased value they deliver for our members.



#97 | **Highlands Behavioral Health System** | 8565 Poplar Way, Littleton, CO 80130 | 720.348.2800 www.highlandsbhs.com

Highlands Behavioral Health System offers a secure and nurturing environment for individuals seeking hope and healing from emotional, psychiatric and addictive behavioral health challenges. Our mission is to empower our patients as they navigate their journey from crisis to wellness.



INDIVIOR

#135 | **Indivior Inc.** | 10710 Midlothian Turnpike, North Chesterfield, VA 23235 | 804.379.1090 www.indivior.com

Indivior is a global pharmaceutical company working to help change patients' lives by developing medicines to treat substance use disorders (SUD) and serious mental illnesses. Our vision is that all patients around the world will have access to evidence-based treatment for the chronic conditions and co-occurring disorders of SUD.



iris telehealth

#121 | **Iris Telehealth** | 114 W. 7th St., Austin, TX 78701 | 888.285.2269 | www.irishealth.com

Iris Telehealth is a leading provider of virtual behavioral health services for healthcare organizations across the U.S. We're dedicated to improving patient outcomes with exceptional behavioral health care while decreasing the burden on your care team—delivering best-in-class support to make telepsychiatry a seamless, long-term solution for your team.

Johnson & Johnson

Johnson & Johnson | *Sponsor of Breakfasts*
1125 Trenton-Harbourton Road, Titusville, NJ 08560 | 800.526.736 | www.jnj.com

At Johnson & Johnson, we believe health is everything. Our strength in healthcare innovation empowers us to build a world where complex diseases are prevented, treated, and cured, where treatments are smarter and less invasive, and solutions are personal. Through our expertise in innovative medicine and medtech, we are uniquely positioned to innovate across the full spectrum of healthcare solutions today to deliver the breakthroughs of tomorrow, and profoundly impact health for humanity.



limbic

#94 | **Limbic** | 175 Pearl St., 1st, 2nd and 3rd Floor, Dumbo, NY 11201 | 505.577.3015 www.limbic.ai

Limbic offers patient and provider-facing clinical AI tools for assessments, triage, and ongoing care. Our evidence-based tools improve not just operational efficiency but, vitally, patient outcomes and clinician satisfaction. Proven over more than 300,000 patients, we are also the first mental health AI in the world to earn Class IIa medical device certification (UK).

mend

#99 | **Mend** | *Conference Partner Sponsor & Session #200 Sponsor*
4767 New Broad St., Orlando, FL 32814 | 866.934.2713 www.mend.com

Community mental health organizations look to Mend to improve the patient experience and provide convenient access to care for everyone. The Mend approach empowers providers, staff, and patients to streamline communications through digital health solutions resulting in a better patient intake and check-in process and telehealth experience for both in-person and virtual care.



Mile High Behavioral Healthcare

Mile High Behavioral Healthcare | 4242 Delaware St., Denver, CO 80216 | 303.825.8113

www.mhbhc.org

Since 1960, Mile High Behavioral Healthcare has empowered individuals to shape healthy, viable, complete lives. Our care is vital to those on the fringes of our community—individuals struggling to hold on and move forward. For high-risk, high-need individuals, there are significant barriers to services. We are there with life-changing care.



MOUNT SAINT VINCENT

**#127 | Mount Saint Vincent (now) Intermountain Health | 4159 Lowell Blvd., Denver, CO 80211
303.458.7220 | www.msvhome.org**

Now **Intermountain Health**

We partner with children and families so they can heal beyond trauma into a healthy and hopeful future. Our continuum of care includes: preschool, earning 5/5 stars from quality rating agency Colorado Shines; pediatric behavioral healthcare offering outpatient, telehealth, and in-home therapies as well as day treatment and education; and foster care providing training, certification, and 24/7 support.



Netsmart

**#113 | Netsmart | *Sponsor of Coffee Breaks*
11100 Nall Ave., Overland Park, KS 66211
800.842.1973 | www.ntst.com**

Netsmart is an Overland Park, Kansas-based SaaS company that designs, builds and delivers electronic health records, health information exchanges, analytics, care coordination, and telehealth solutions and services for the human services, post-acute and payer communities.



**NEUROCRINE[®]
BIOSCIENCES**

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**#102 | Neurocrine Biosciences, Inc.
*Sponsor of Medical Education
Event (Friday 4:30pm - 5:45pm (Coppertop3))*
12780 El Camino Real, San Diego,
CA 92130 | 858.617.7600
www.neurocrine.com**

Neurocrine Biosciences is a leading neuroscience-focused, biopharmaceutical company with a simple purpose: to relieve suffering for people with great needs, but few options. We are dedicated to discovering and developing life-changing treatments for patients with under-addressed neurological, neuroendocrine, and neuropsychiatric disorders. The company's diverse portfolio includes FDA-approved treatments for tardive dyskinesia, chorea associated with Huntington's disease, endometriosis* and uterine fibroids*, as well as a robust pipeline including multiple compounds in mid-to-late-phase clinical development across our core therapeutic areas. For three decades, we have applied our unique insight into neuroscience and the interconnections between brain and body systems to treat complex conditions. We relentlessly pursue medicines to ease the burden of debilitating diseases and disorders, because you deserve brave science. For more information, visit neurocrine.com, and follow the company on LinkedIn, X, and Facebook. (*in collaboration with AbbVie)



#103 | NextGen Healthcare
Sponsor of Networking Reception
855.510.6398
www.nextgen.com/markets/specialties/behavioral-health

NextGen Healthcare integrates behavioral health, medical, and dental data into one record on a single platform for a comprehensive view and a whole-health approach to care. Configurable workflows and reports as well as mobile solutions and a digital pen help clinicians collaborate more efficiently with care teams and spend more quality time with patients. Our solutions identify higher-risk patients for potential impact on quality and financial performance, simplify reporting, and enable providers to keep up with changes in regulations and compliance requirements. The results are better clinical outcomes, higher quality care, and improved clinician and patient satisfaction.

noma #133 | Noma Therapy | 7535 E. Hampden Ave.,
Suite 407, Denver, CO 80231 | 720.790.4422
www.nomatherapy.com

Noma Therapy of Colorado combines talk therapy with best-in-class medication management, including ketamine. Our virtual at-home program is delivered by a team of Licensed Psychiatric Prescribers, Licensed Psychotherapists, and Care Coordinators (guides). Noma's approach is based on best clinical practices and emerging science for a range of mental health conditions, including depression, anxiety, and trauma. We also offer prescriber services to therapists who provide Ketamine Assisted Psychotherapy through our Collaborative ketamine assisted psychotherapy (CKAP) program.



A NeuroFlow Product

#117 | Owl | 2175 NW Raleigh St., Suite 110,
Portland, OR 97201 | 800.910.6769
www.owl.health

Finally, you can confidently answer, "Is our behavioral health treatment effective?" Owl systematically measures patient progress, giving behavioral health organizations consistent data and insights to deliver care that improves outcomes and significantly reduces costs. It's measurement-based care—made easy.



Peer Assistance Services


#116 | Peer Assistance Services, Inc. | 2170 S. Parker
Road, Suite 229, Denver, CO 80231 | 303.369.0039
www.peerassistanceservices.org

Peer Assistance Services, Inc. is a Colorado 501(c)(3) non-profit agency leading with prevention and intervention for substance use and mental health concerns. We are committed to creating positive, lasting change in the lives of Coloradans. Screening for unhealthy substance use as a standard practice is a significant step in bringing that change. Prevention services aimed at supporting and retaining our health and mental health workforce is a benefit to all Colorado communities. Building on our experience, adopting current proven approaches with a dedicated, skilled staff, we continue to shine a light on the benefits of prevention and intervention.



#98 | Pollack Peacebuilding Systems | 3104 E.
Camelback Road, #2099, Phoenix, AZ 85016
800.650.1429 | www.PollackPeacebuilding.com

Pollack Peacebuilding Systems is a nationwide workplace conflict resolution consulting, intervention, and training firm. We help organizations mitigate stressful workplace conflict through peacebuilding methodologies, coaching programs, and training workshops.

 **QUALIFACTS** #120 | Qualifacts | 315 Deaderick St., Suite 2300,
Nashville, TN 37238 | 866.386.6755
www.qualifacts.com

Qualifacts is a leading provider of behavioral health, rehabilitative, and human services software and SaaS solutions for clinical productivity, compliance and state reporting, billing, virtual care, and business intelligence. Its mission is to be an innovative and trusted technology partner, enabling exceptional outcomes for customers and those they serve.



**Rivers Edge Institute | 100 Jenkins Ranch Road,
Unit E1, Durango, CO 81301 | 970.749.449
www.riversedgeinstitute.com**

Rivers Edge Institute is a provider of nationally approved continuing education courses specializing in EMDR and trauma-informed clinical services. Our EMDRIA Approved Trainers are based out of the Four Corners area and strive to fill the training gap in rural communities and beyond with workshops designed to provide close instruction and direct interactive experience.

 **Rula** #101 | Rula | *Sponsor of
Networking Reception* | 5201 Great
America Pkwy., Suite 320, Santa
Clara, CA 95054 | 323.205.7088
www.rula.com

Rula is on a mission to make mental healthcare work for everyone. For providers, Rula offers the flexibility of private practice, while also filling caseloads and offering the necessary behind-the-scenes support. We handle marketing, credentialing, billing, and admin tasks so providers can focus on what they do best: providing care.



**#106 | Sobriety House | 121 Acoma St., Denver, CO
80223 | 720.381.4337 (intake line)
www.sobrietyhouse.org**

A nonprofit drug and alcohol treatment center providing licensed residential treatment, outpatient treatment, and sober living services to men and women aged 18 and older. We specialize in supporting individuals experiencing extreme poverty or homelessness.

SOL

**#112 | SOL Mental Health | 400 S. Colorado Blvd.,
Suite 530, Denver, CO 80246 | 720.262.2644
www.solmentalhealth.com**

MENTAL HEALTH SOL Mental Health was established in 2019 with our first office in the Cherry Creek area of Denver. We have grown to 8 locations in the Denver Metro area: Parker, Greenwood Village, Highlands Ranch, Lakewood, Cherry Creek, Central Park, Broomfield, and Boulder. We also have locations in Texas, Maryland/DC area, and New York. Virtual appointments are available with all of our practices. We provide psychiatric services to diagnose, medication management services, and outpatient therapy.



Solari Crisis & Human Services | *Sponsor of Thursday Keynote* | 1355 S. Colorado Blvd., Suite 900, Denver, CO 80222 | 602.427.4600
From Hope to Health | solari-inc.org

Solari Crisis & Human Services is honored to operate the 988 and statewide crisis line. 988 is a free, confidential, 24/7 service available to anyone in Colorado experiencing a mental health, substance use, or emotional crisis. Call or text 988 today.



Springbrook Autism Behavioral Health
1 Havenwood Lane, Travelers Rest, SC 29690
864.660.6220 | www.springbrookautismbehavioral.com

Springbrook provides residential and acute stabilization and assessment programs for children and adolescents with Autism Spectrum Disorder. We accept all major insurances, as well as Colorado Medicaid.



#126 | Streamline Healthcare Solutions
1301 W. 22nd St., Suite 305, Oak Brook, IL 60523
877.467.4741 | www.streamlinehealthcare.com

Since 2003, Streamline Healthcare Solutions has focused exclusively on behavioral health and human services. We understand people choose this work out of a deep desire to help others. We partner with our customers to provide innovative technology solutions that help them advance the lives of those they serve.



SUPPORTABLE

#134 | Supportable | 615 West Travelers Trail, Burnsville, MN 55337 | 612.226.7120
www.supportableapp.com

Supportable is a pre-EHR supplement that provides a unique referral management system. Supportable helps your organization get rid of multiple confusing spreadsheets and post-it notes, puts guardrails on your intake process, verifies 3rd party payors, eliminates multiple entries, provides crucial analytics, and monitors your referrals in real time.



The Colorado Health Foundation™

The Colorado Health Foundation
***Sponsor of Sessions #302, #504, #601* | 1780 Pennsylvania, Denver, CO 80231 | 303.953.3600**
www.coloradohealth.org

The Colorado Health Foundation is bringing health in reach for all Coloradans by engaging closely with communities across the state through investing, policy advocacy, learning and capacity building.



#109 | Youth Villages | 3320 Brother Blvd., Bartlett, TN 38133 | 877.983.6767 | www.youthvillages.org

Every child should have the opportunity to reach for their dreams. Over 35 years, Youth Villages has worked to radically improve the lives of children across the country through an array of program models and services built around preserving and restoring families. We do what works — partner with others to expand our reach and advocate for positive, long-term change in child welfare, juvenile justice and children's mental health systems.

CHANGE

IF YOU'RE NOT RIDING THE WAVE OF CHANGE
YOU FIND YOURSELF BENEATH IT.

Colorado Community Mental Health Associates Fall 2024 Conference Schedule

Change Wave: Moving Towards the Future

September 23 - 25, 2024

Beaver Run Resort & Conference Center (*Coppertop 3*)

Sessions will focus on topics around ever-changing work environments
and tools for implementing DEI practices within the workplace.

Monday, September 23rd

- 10:00am – 12:00pm Anti-Oppression Within the Workplace with *Regan Byrd*
12:00pm – 1:00pm Lunch provided
1:00pm – 4:00pm Tools for Embracing Change with *Kelly Wyngardner*

Tuesday, September 24th

- 9:00am – 11:00am Diversity, Equity, Inclusion and Belonging (DEIB)
101: What it Is, What it Isn't, Why it Matters
with *Lakeysha Molock*
11:00am – 12:00pm Lunch provided
12:00pm – 3:00pm Practical Communication Tools with Joy
with *Laughter On Call*

Wednesday, September 25th

- 9:00am – 11:00am Working Across Generations with *Tracy Sherman*

For the full conference schedule, visit our website at:
www.Colomhassociates.org



Neurocrine Biosciences is Proud to Support The Colorado Community Mental Health Centers

in their commitment, passion, and efforts towards increasing awareness around mental health and tardive dyskinesia (TD) in the community.

To learn more about TD, please attend the educational session Friday, September 27th at 4:30pm during the CBHC conference. Appetizers and drinks will also be provided during the event.



Building Stronger Clinicians with EMDR Training

Rivers Edge Institute is an EMDRIA Approved Training Provider offering continuing education courses and consultation for clinicians wanting to enhance their knowledge and skills in Eye Movement Desensitization and Reprocessing (EMDR).

Specializing in meeting the unique needs of rural communities, our trainers work with each organization or individual to structure a course that accommodates cost and availability in your area.



**37 CEU'S
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AND NASW**



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**EMDR
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SERVICES**

**OUR WORKSHOPS ARE DESIGNED TO PROVIDE CLOSE
INSTRUCTION AND DIRECT INTERACTIVE EXPERIENCE.**

Lillian Ramey, MSW | CEO | 970-749-4491 | riversedgeinstitute.com

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*Data on file Abbott Point of Care Inc. Instructions for use, test comparison tables.



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06F20-20 Waived Analyzer,
04P75-03 Moderately Complex Analyzer

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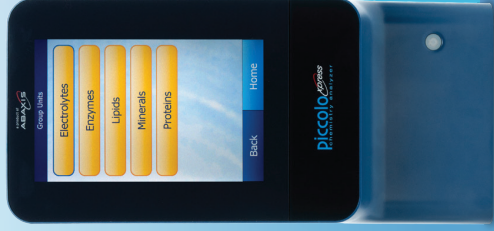
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07P05-51 Piccolo Xpress with 5YR Serv



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Learn how CHES Health helps you reach and engage individuals across the entire lifecycle of Substance Use Disorder Management **from prevention and intervention through treatment and recovery.**



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- Records Utilization Review activity in chronological order

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- Notifies clinicians when additional documentation is required

Prepares for UR calls

- Identifies and scores evidence to prove medical necessity strength
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- Summarizes EMR documents on one screen

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- Tracks denial details to maximize revenue
- 20 KPI reports provide management insight to identify process improvement opportunities
- Report Categories: UR Performance, Quality, Clinical Performance

ARGO

Visit us: Booth #104

Contact: Chuck Parker, Chuck.Parker@argodata.com

argodata.com





Peer Assistance Services

www.PeerAssistanceServices.org
303-369-0039
Info@Peerassistanceservices.org
Offices in Denver & Grand Junction

Colorado's Peer Health Assistance Program for Mental Health Professionals

Substance use and mental health concerns impact mental health professionals at the same rate as the general public. Created in statute, DORA contracts with Peer Assistance Services, Inc. to implement statewide services.



Scan to watch our Program video

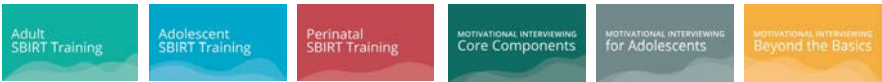
Available to:

Addiction Counselors	Marriage & Family Therapists
Professional Counselors	Psychologists
Psychotherapists	Social Workers

Screening, Brief Intervention, Referral to Treatment

Peer Assistance Services, Inc. provides no cost, interactive training for health and mental health professionals on the evidence-based approach of Screening, Brief Intervention, and Referral to Treatment. Screening assists providers in identifying and intervening with patients at risk for health problems due to alcohol and other drug use.

Trainings Available:



Scan the QR code to register for an upcoming training

If you would like to schedule a training for your organization, contact us at SBIRTInfo@peerassistanceservices.org



Scan to Download the App Or visit Wisdo.com/Colorado



Join our presentation to learn about the collaboration between Wisdo, Health Colorado, and Peer Assistance Services, Inc.

Combating Loneliness: Insights from Colorado's Statewide Peer Support Initiative

Thursday September 26, 2024 at 11:00
Coppertop 2 | Beaver Den





Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**



Behavioral Health is a major focus in the State of Colorado and the Department of Psychiatry is on the forefront of developing systemic approaches to comprehensive prevention and care. The Department believes that its core mission, ***Brain Health for all. For life,*** can be achieved through clinical care, training, research, and policy efforts. In collaboration with University of Colorado, University of Colorado Hospital, and Children's Hospital Colorado, and as a result of major institutional investments, the department is engaged in ambitious strategic planning and growth efforts.

Current Open Positions for LMFT, LCSW, LPC Credentials:

Outpatient Behavioral Health Clinician-Job Number 34021
Eating Disorders Behavioral Health Clinician-Job Number 34023
Mood Disorders Behavioral Health Clinician -Job Number 34038
Colorado Springs Behavioral Health Clinician-Job Number 30389

To apply please visit: www.cu.edu/cu-careers and select Search for Career Opportunities. You can then enter your job number in the search bar.

Scanning the QR Code will take you to our Departmental Recruitment webpage where you can learn more about our mission and vision, culture, growth opportunities and initiatives. You can also find benefit information in our employment brochure.



For more information contact Stacey L'homme dieu at stacey.lhomme dieu@cuanschutz.edu

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CBHC

Colorado Behavioral
Healthcare Council

2024 Behavioral Health Training Conference

Navigating Changing Landscapes



Future CBHC Conference Dates

2024 | September 25 - 28

2025 | September 17 - 20

2026 | September 30 - October 3

Beaver Run Resort & Conference Center | Breckenridge, CO