



CBHC

Colorado Behavioral Healthcare Council

Annual Behavioral Health Training Conference

# Navigating Changing Landscapes

September 25 - 28, 2024

Beaver Run Resort, Breckenridge, CO

Up to 19 CEU Credits Provided by NASW & NAADAC

## Schedule at a Glance (subject to change)

CI Clinical ED Board BU Business/Upper Management

### Wednesday | September 25, 2024 | CBHC Pre-Conference Workshops

8:00am - 4:00pm	#1 Pre-Con Workshop <b>CI ED BU</b>   <b>Mental Health First Aid of the Rockies Summit</b>
8:00am - 4:30pm	#2 Pre-Con Workshop <b>CI ED BU</b>   <b>Skills Training (with Certificate)   Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace</b>   <i>Emily Machin-Mayes, MA &amp; Sara Jeckovich, MA</i>

### Thursday | September 26, 2024 | CBHC Conference

8:45am - 10:30am	<b>Keynote &amp; Mental Health First Aid Awards</b>   <b>CI ED BU Awards Sponsored by the American Foundation for Suicide Prevention</b> <b>Conquering Tomorrow: Reframing Our Outlook on Change</b>   <i>Jeff Havens, BA</i>   <b>Sponsored by Solari Crisis &amp; Human Services</b>
10:30am - 11:00am	<b>Coffee Break</b>   Visit the Exhibits & Sponsors in the Colorado Ballroom
11:00am - 12:00pm	#100 <b>CI ED BU</b>   Breaking Down Barriers to Generational Differences in the Workplace   <i>Jeff Havens, BA</i> #101 <b>CI ED BU</b>   State Efforts to Upgrade Children's Behavioral Health Services   <i>Robert Werthwein, PhD</i> #102 <b>BU</b>   Strategic Resource Allocation in Behavioral Health: Leveraging Big-Data to Address Colorado's Clinician Shortages   <i>Stephen Holloway, MPH</i> #103 <b>CI</b>   Building an Innovative Continuum of Care for I/DD Youth and Adults   <i>Nichole Schreiner, MA, LPC, NADD-DDS &amp; Bradley Crookston, PhD, LPC-S, NCC</i> #104 <b>CI BU</b>   Combating Loneliness: Insights from Colorado's Statewide Peer Support Initiative   <i>Sarah Nelson, MBA; Ron Goldman; Chris Kesterson, BS, CAT; Matthew Wilkins, MA, LPC</i> #105 <b>BU</b>   How to Do "Same Day Access" Right   <i>Adam C. Roberts, MBA</i> #106 <b>BU</b>   Using Data to Drive Change: Maximizing Community Needs Assessments in Behavioral Health   <i>Mindy Klowden, MNM &amp; Tina Riendeau, MBA, PMP</i>
12:00pm - 1:30pm	<b>Lunch   Attendees; CCBHC; Training &amp; Development; MarComm Meeting</b>
1:30pm - 3:00pm	<b>General Session</b>   #200   <b>CI ED BU</b>   <b>BHA, HCPF &amp; CDHS   Colorado's Behavioral Health Landscape: A State of the State Perspective</b> <b>BHA Commissioner: Danette R. Smith, MSW; Erin Wester, MS, MHA, LMFT; Cristen Bates, MPH; Jagruti Shah, MA, LPC, CACIII</b> #201 <b>CI ED BU</b>   The Care Compact: An Enhanced Care Coordination Model   <i>Melissa Bortnem, LCSW, LAC &amp; Leandra Montoya, PhD, LPCC</i> #202 <b>BU</b>   Exploring the Future of Philanthropy: Elevating Fundraising in the Post-2020 Era   <i>Nia Wassink, MNM &amp; Maegan Vallejo</i> #203 <b>CI</b>   Proactive Distress Planning: A Precursor to Crisis Safety Planning for Suicide Prevention   <i>Erin Ralston, LPC</i> #204 <b>CI ED BU</b>   Pathways to Healing: Opportunities for Providers and Patients in Colorado's State-Regulated Psychedelic Therapies Program   <i>Joshua Kappel, JD; Kristin Kilbourn, PhD, MPH; Natasia Poinsatte, MA</i>
3:00pm - 3:30pm	<b>Coffee Break</b>   Visit the Exhibits & Sponsors in the Colorado Ballroom
3:30pm - 5:00pm	#300 <b>CI BU ED</b>   Harmony: Recovery in the Rockies! An Introduction to AllHealth Network's Newest Addiction Health Care Service   <i>William Henricks, MBA, PhD &amp; Shane Hudson, MS, MSHCT</i> #301 <b>CI</b>   Justice, Health, and Hope: Transforming Mental Health Care for the Marginalized   <i>Bonnie Wright, MBA, MS &amp; Victoria Trapp, PsyD, LCSW</i> #302 <b>CI</b>   Integrating Care: Embedding Behavioral Health Providers and Services Within LGBTQ+ and QTPOC Communities for Enhanced Outcomes in the Everyday   <i>Ash Neufeldt, MA; Tamora Tanniehill, LPC, LAC; Bruce Parker, PhD</i>   <b>Sponsored by The Colorado Health Foundation</b> #303 <b>CI</b>   EMDR, Virtual Groups, and Yes, Video Games: Updating Your Trauma-Care Toolbox   <i>Julie Perlin, LCSW &amp; Braulio Rivera, LPC, LAC</i> #304 <b>CI ED BU</b>   Placing the Head Back on the Body: The Long View Paradigm Shift   <i>Lesley Brooks, MD &amp; Cassie Damato, MA, LPC</i> #305 <b>CI ED BU</b>   Embracing Change Through Extreme Ownership: A New Paradigm for Healthcare Leadership   <i>Teah Miller, MBA, LPC; Heather Hankins, MSN, PMHNP-BC; Katie Ledbetter, MA, LPC; Maurisa Morones, BA; Andrea Alvarez, BSN-RN, ADS, CNWC</i> #306 <b>CI ED BU</b>   Building Bridges to the Future: A Look Back at the 2024 Legislative Session, and a Look Ahead   <i>Frank Cornelia, MS, LPC; Edie Sonn, MPP; Gilbert Romero, JD; Karen Wick, MPP</i>
5:15pm - 6:30pm	<b>Networking Reception</b> <b>CI ED BU</b>   <b>For all attendees</b>   (Colorado Ballroom)   <b>Sponsored by Colorado Access   NextGen Healthcare   Rula</b>

### Friday | September 27, 2024

8:45am - 10:30am	<b>Keynote &amp; Golden Abacus &amp; Golden Lightbulb Awards</b>   <b>CI ED BU Awards Sponsored by Argo Healthcare Solutions</b> <b>What Does It Mean to Be Human in the Age of AI</b>   <i>Heather Berlin, PhD, MPH</i>   <b>Sponsor: Cantata Health Solutions</b>
10:30am - 11:00am	<b>Coffee Break</b>   Visit the Exhibits & Sponsors in the Colorado Ballroom
11:00am - 12:00pm	#400 <b>CI ED BU</b>   DEI Miniseries: Lessons Learned from Piloting an Interactive, Relationship-Based Intervention for Healthcare Teams   <i>Laura Ramzy, PhD; Samantha Pelican Monson, PsyD; Brigitte McClellan, PsyD, PMH-C</i> #401 <b>CI ED BU</b>   The Future of Behavioral Health Data Sharing: Meet the BHX   <i>Doyle Forrestal, BA &amp; Josh Leesmann, BSc, ME</i> #402 <b>CI ED BU</b>   Advancing Biopsychosocial Care Through Policy Change for Fifty Million Americans in Chronic Pain   <i>Mara Baer, MPH</i> #403 <b>BU ED</b>   Katz Amsterdam Foundation Shared Measurement Framework: How a Thriving Network of Mountain Resort Towns are Assessing & Tracking the Mental Behavioral Health of Their Communities   <i>Heather Trish, NCC, LPCC, LMHC, LPC</i> #404 <b>BU</b>   Practical and Ethical Considerations for the Use of AI Within Healthcare Settings   <i>Brandon Ward, PsyD &amp; Amy Miller, LCSW</i> #405 <b>CI BU</b>   An Academic Community Hospital's Multilevel Approach to Treating Substance Use Disorders in Adolescents   <i>Mario Lintz, MD, PhD</i>
12:00pm - 1:30pm	<b>Lunch   Attendees; Medical Directors; Deputy Directors; CBHC Member CFOs</b>
12:00pm - 1:30pm	<b>BU</b>   <b>CBHC Board Annual Meeting, Lunch &amp; Awards Ceremony (CMHC &amp; CBHC Board Members Only)</b>   (Imperial Ballroom)
1:30pm - 3:00pm	<b>Skills Training</b>   #500 <b>CI</b>   A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client & Therapist Wellbeing <b>(Part 1 of 3) Skills Training</b>   <i>Janine D'Anniballe, PhD</i> #501 <b>CI ED BU</b>   Assembling the Puzzle: What the CCBHC Model Is and Where it Fits in Colorado's Evolving Behavioral Healthcare Landscape   <i>Sara Reid, MA &amp; Rebecca Farley David, MPH</i> #502 <b>BU CI</b>   Charting the Path to Recovery: National Trends and Insights in Peer Services and Recovery Support Service Organizations   <i>Racquel E. Garcia, NCPRSS, YRC; Jason DeaBueno, MBA, LCSW; Emily Brady, LCSW; Kat Lilley</i> #503 <b>BU</b>   Succeeding in APMs: An Integrated Behavioral Health (IBH) Perspective   <i>Rachel Shuck, MPH &amp; Britta Fuglevand, MSHA</i> #504 <b>CI</b>   Enhancing Psychological Fortitude Within the Black Community   <i>Lexus Washington, MSW</i>   <b>Sponsored by The Colorado Health Foundation</b> #505 <b>CI ED</b>   The Benefits of Competency Restoration: Utilizing Alternative Strategies to Improve Client Outcomes and Compliance with BHA Regulations   <i>Tara Rienow, MA &amp; Kathryn Davis, MA, LPC</i>
1:30pm - 3:30pm	#506 <b>BU</b>   <b>CMHC &amp; CBHC Board Members Only Session</b>   Navigating Board Governance in Times of Change - Part 1   <i>Carl Clark, MD</i> & Navigating Workplace Wellness and Culture in Times of Change - Part 2   <i>Stephanie Hildreth</i>   (Imperial Ballroom)
3:00pm - 3:30pm	<b>Coffee Break</b>   Visit the Exhibits & Sponsors in the Colorado Ballroom
3:30pm - 4:30pm	<b>Skills Training</b>   #600 <b>CI</b>   A Framework for Trauma Treatment and Resilience for Clinicians: Cultivating Skills for Client and Therapist Wellbeing <b>(Part 2 of 3) Skills Training</b>   <i>Janine D'Anniballe, PhD</i> #601 <b>CI</b>   Bilingual Spanish/English Counseling: Clinical Implications   <i>Bradley Crookston, PhD, LPC-S, NCC</i>   <b>Sponsored by The Colorado Health Foundation</b> #602 <b>BU</b>   Changing the Culture of Access and Performance   <i>Kevin Light &amp; Katie Blickenderfer, LCSW</i> #603 <b>CI</b>   Youth at the Helm: Navigating the New Frontier of Peer-to-Peer Mental Health Advocacy   <i>Sharon Tuttle, MM, MEd</i> #604 <b>CI ED BU</b>   Expanding Medicaid Coverage Through the 1115 Waiver   <i>Jennifer Holcomb, MA, CCMP, CTP &amp; Amy Austin, MPP</i>
3:30pm - 4:30pm	<b>BU</b>   <b>CMHC &amp; CBHC Board Member Reception (CMHC &amp; CBHC Board Members Only)</b>   (Imperial Ballroom)
4:30pm - 5:45pm	<b>CI ED BU</b>   <b>Medical Education Event</b>   (All Attendees)   <b>Differentiating Drug-Induced Movement Disorders</b>   <b>NEUROCRINE BIOSCIENCES</b> <b>Appetizers &amp; Drinks</b>   <b>Sponsored by: Neurocrine Biosciences</b>   (Coppertop 3)

### Saturday | September 28, 2024

8:00am - 11:00am (15-minute break)	<b>Skills Training</b>   #700 <b>CI ED BU</b>   A Framework for Trauma-Informed Yoga Facilitation & Trauma-Informed Yoga Practice <b>(Part 3 of 3) Skills Training</b>   <i>Janine D'Anniballe, PhD</i> #701 <b>CI ED BU</b>   Harmonizing Minds: Exploring the Mental Wellbeing Benefits of Sound Bowl Meditation   <i>Ashley Oxtan, MA, LPC, LAC; Miranda Jankowski, BS, MS, LPC; Julia Kallis, BS</i> #702 <b>CI ED BU</b>   Harness the Vitality of Health and Wellness in the Professional Realm   <i>LaDonna Reed, MEd, NSCA-CPT*D, CHC, CNC &amp; Adam C. Roberts, MBA</i>
------------------------------------	--

### Registration Open | Full Conference Program online at [www.cbhc.org/conference](http://www.cbhc.org/conference)

- \$60** | #1 Pre-Conference | (Wed Only) | **Mental Health First Aid of the Rockies Summit** (Includes Wednesday training session, breakfast, lunch & coffee breaks)
- \$165** | #2 Pre-Conference | (Wed Only) | **Skills Training | Enhancing De-Escalation and Risk Management Skills in a Clinical Setting: Keeping the Peace** (Includes Wednesday training session, breakfast, lunch & coffee breaks)
- \$500** | **Full Conference** | (Thur, Fri & Sat) | **Full Conference** (Includes sessions, networking reception, breakfasts, lunches & coffee breaks)
- \$560** | #1 PreCon + **Full Conference** | (Wed, Thur, Fri & Sat) | (Includes Wednesday workshop, and full conference sessions, networking reception, breakfasts, lunches & coffee breaks)
- \$665** | #2 PreCon + **Full Conference** | (Wed, Thur, Fri & Sat) | (Includes Wednesday workshop, and full conference sessions, networking reception, breakfasts, lunches & coffee breaks)