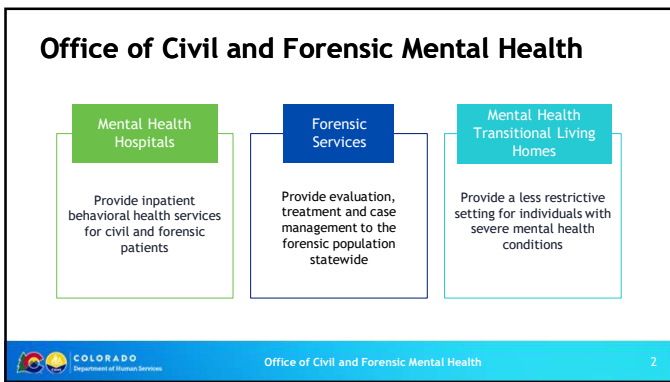
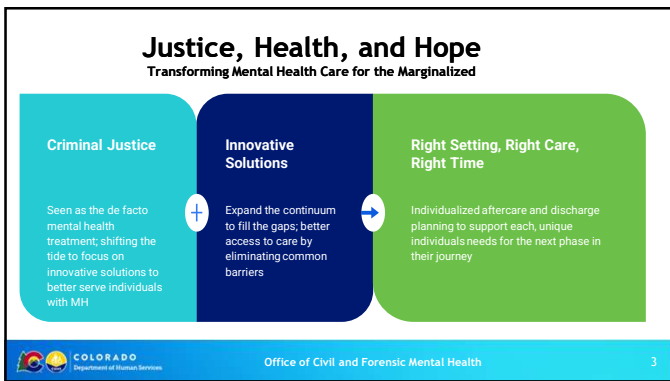




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Mental Health Hospitals

- Disparities persist in Behavioral Health Access;
- In 2020, the Colorado Department of Human Services, Office of Behavioral Health (now OCFMH), partnered with Health Management Associates (HMA) to conduct a Statewide Behavioral Health Needs Assessment;
- Results of the assessment showed many variables some of which included fragmentation, parity, workforce concerns, administrative burden and lack of integration or structural and regulatory barriers to integration;
- Gaps in Continuum of Care - experienced differently depending on where a Coloradan lives, socioeconomic status and other variables;
- **Gaps in the continuum of care for individuals with serious and persistent mental illness** include the absence of specific services including psychiatric care, housing, medical care and immediate and social needs;
- **One aspect in the continuum of Care includes access to psychiatric hospitalization** for individuals with acute psychiatric needs;
- The Mental Health Hospitals admit patients with court orders (civil or forensic) for inpatient treatment


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4

Mental Health Hospital Innovative Strategies

Colorado Mental Health Hospital in Fort Logan - CMHHIFL

- **Examples discharge barriers:** Benefits, Housing, Guardians, access to specific services.
- **Innovative Strategies**
 - Transition Specialist: focused on increasing and building relationships with community housing options;
 - Benefits Coordinators: focused on examining systemic barriers (SSA/SSI/SSDI processes, HCBS);
 - Creation of acuity based units (Low, Moderate, High) to meet specific patient needs, increase access and application of skills.


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5

Case Examples

- **Difficult Client Case:**
 - Entered into Behavioral Health System at approximately 14 years old
 - Serious and persistent mental illness, intellectual disability, cognitive impairments/ TBI and medical illness
 - History of aggressive behaviors
 - Moved between criminal justice and civil system
 - Difficulty finding placement due to history of aggressive behaviors
 - Previous community behavioral health system refusing to accept patient
- **Positive Client Case:**
 - Serious and Persistent Mental Illness and Intellectual Disability
 - Patient hospitalized most of her adult life.
 - Despite repeated efforts of hospital to discharge patient, family guardians testified against discharge.
 - Hospital changed strategy. Partnered with another agency. Staff began to visit the patient and treatment team with discharge plan.
 - Hospital and the accepting agency staff went to court together advocating for patient's ability to progress.
 - Provider agreed to carry certification.
 - Another family member was granted guardianship.
 - Patient doing well and has been out of the hospital well over a year

6

Mental Health Transitional Living Homes

Established by House Bill (HB) 22-1303 to provide residential behavioral health treatment to individuals with severe mental health conditions.

- The MHTL Homes will provide a less restrictive level of care in a home-like environment.
- Total of 164 beds; 24 in state run homes; remaining beds will be contracted.
- Designed to serve individuals with SMI, co-occurring disorders, criminogenic & behavioral factors, & involuntary short and long-term outpatient certification
- Three levels of care, which will allow the MHTL Homes to provide individualized care across a spectrum of acuity.

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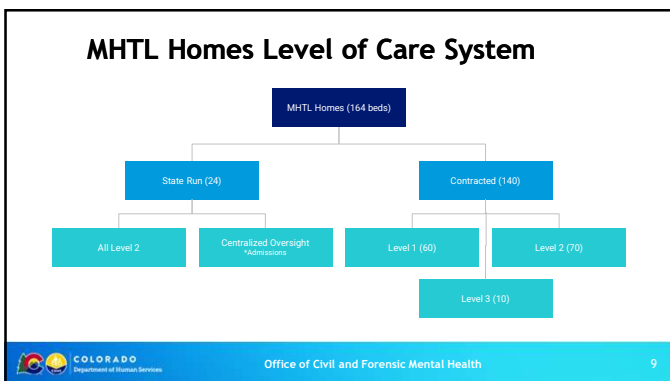
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MHTL Homes

2022 (Jul)	2022 (Dec)	2023 (Jan-Jun)	2023 (Jul-Dec)	2024	2025
Legislative Action House Bill 22-1303 was signed into legislation	Placement Criteria Development of criteria to determine eligibility for placement in the MHTL Homes	Request for Proposals Round 1 of RFP; contracting with providers	Opening Homes Preparation for and opening of several MHTL Homes	Phase 2 of Opening Round 2 of RFP; execution of remaining contracts; opening of all Level 1 homes	Phase 3 of Opening Opening of remaining homes; data tracking for outcomes

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8



9

MHTL Homes Level of Care System

Level 1	Level 2	Level 3
Support activities of daily living	Support activities of daily living	Support activities of daily living
Medication Dispensation	Medication Dispensation	Medication Dispensation
Regularly scheduled recreational and social activities	Regularly scheduled recreational and social activities	Regularly scheduled recreational and social activities
Supporting engagement to work toward full independence	Supporting engagement to work toward full independence	Supporting engagement to work toward full independence
	Therapeutic services (individual & group therapy; medication management, etc)	Therapeutic services (individual & group therapy; medication management, etc)
	Enhanced supervision to ensure safety	Enhanced supervision to ensure safety
		Skilled Nursing Services

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10

10



11

Hope

An individual was able to secure her very own apartment in Englewood. There were some challenges she faced along the way, which she handled with grace and kept herself focused on the achievement of this goal. She got the keys to the apartment and was able to move on to this next phase of her life on Tuesday afternoon.

An individual successfully discharged from the program in July. This gentleman made tremendous progress during his stay and one of his primary goals when he entered the program was to get enrolled in college. He successfully enrolled in a college program at one of the local colleges in Denver and will begin his coursework in September!

"Social workers and case managers did a good job helping me reach my goals." "The rest of the staff were so awesome, very nice and caring." "What I got out of this program was learning how to dispense my own medication when I went out of state for a couple weeks. I also learned how to manage my money on my own and also applied to some jobs. I gained confidence with the support of everyone here."

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12

12

